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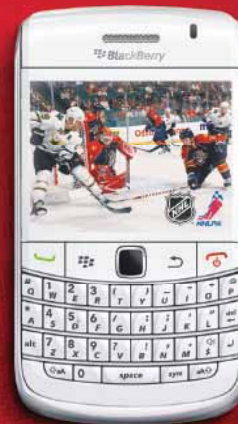
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**WHAT KEEPS THE
WHITE HOUSE HOT?**
MICHELLE TELLS ALL

{page 12}



'SIDESHOW'
LEMIEUX SLAMS
NHL FOR BRAWL
FALLOUT {page 41}



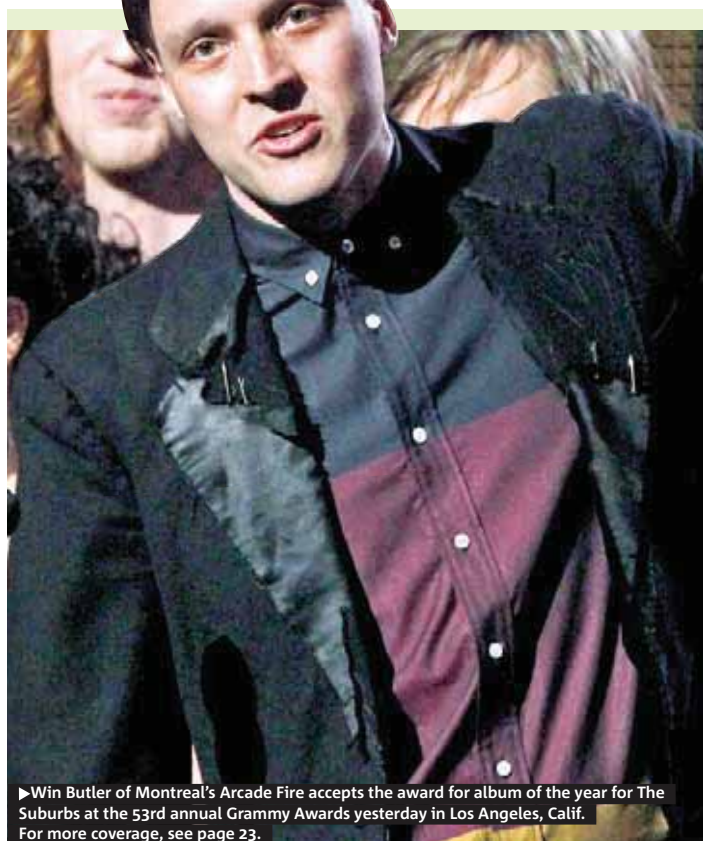
TORONTO

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Monday, February 14, 2011
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News worth sharing.



► Win Butler of Montreal's Arcade Fire accepts the award for album of the year for *The Suburbs* at the 53rd annual Grammy Awards yesterday in Los Angeles, Calif. For more coverage, see page 23.

MATT SAYLES/THE ASSOCIATED PRESS

Arcade Fire snags top Grammy

Fight night sells out in 5 minutes

UFC tickets reselling for eight
times the original price {page 4}

The terrible teachers report

Ryerson students give their
professors an F {page 5}

Mubarak's house crumbles

► Egypt's military rulers begin to dismantle former president's power ► Parliament dissolved ► Activists concerned military could abuse its unchecked power

Egypt's military rulers took sweeping action to dismantle the autocratic legacy of former president Hosni Mubarak yesterday, dissolving parliament, suspending the constitution and promising elections in moves cautiously welcomed by pro-democracy protesters.

The caretaker government, backed by the military, said restoring security after the 18-day uprising that ousted Mubarak was a top priority even as labour unrest reflected one of the many challenges of steering the Arab world's biggest nation toward stability and democracy.

Egypt's upheaval was also splintering into a host of smaller grievances, the inevitable outcome of emboldened citizens feeling free to speak up, most for the first time.

They even included about 2,000 police, widely hated for brutality and corruption under Mubarak, who marched to the Interior Ministry to demand better pay and conditions.

They passed through the protest camp at Tahrir Square, where demonstrators hurled insults, calling them "pigs" and

"dogs."

The caretaker government met for the first time, and employees removed a huge frame photograph of Mubarak from the meeting room before they convened.

The crowds in the protest encampment that became a symbol of defiance against the government thinned out yesterday — the first working day since the regime fell. Traffic flowed through downtown area for the first time in weeks.

The protesters have been pressing the ruling military council, led by Defence Minister Hussein Tantawi, to immediately move forward with the transition by appointing a presidential council, dissolving parliament and releasing political prisoners.

Yesterday, the first tentative steps at communication took place when several protest organizers met with the council, according to Bassem Kamel, a member of a youth coalition formed during the protests. He said the results were encouraging. **THE ASSOCIATED PRESS**

MORE COVERAGE, PAGES 14-15

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York transit talks down to wire

About 28,000 commuters in York region may be scrambling this morning to find alternative travel plans as a possible transit strike was set for 12:01 a.m. today.

Kathleen Llewellyn-Thomas, commissioner of York Region's Transportation Services department, said contract talks aimed at avoiding the strike were down to the final stretch.

She said she hoped the Amalgamated Transit

Union Local 113 and Veolia Transportation Services Canada could reach an agreement so customers wouldn't be inconvenienced.

The Viva rapid transit, which is under a different contract, will run extra buses on its routes, she added.

Earlier, Bob Kinnear, the president of ATU Local 113, said key issues are wages and sick days.

The job action would af-

fect about 28,000 riders in Vaughan, along with some bus routes in Richmond Hill, Newmarket, Aurora, Markham and King Township.

This would not be the first transit strike to hit York Region. A two-week strike in October 2009 involved the Viva service.

Commuters can find alternative travel suggestions on York Region Transit's website, yrt.ca.

THE CANADIAN PRESS



TORSTAR NEWS SERVICE FILE

► Contract talks continued over the weekend to ward off a transit strike in York region.

1
news



A warning on the perils of polls comes from an odd source: Pollsters. Scan the code for the story.

- 1 Download the free ScanLife application with your smartphone at 2dscan.com
- 2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
- 3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca

What's in a name? An awful lot when you're trying to crack the music biz. More at metronews.ca/backbeat

CORRECTION: Adam Lazarus is an artist who is working with Project: Humanity. Incorrect information appeared in Metro.

McCallion feted at 90th birthday bash

CARLOS OSORIO/TORSTAR NEWS SERVICE

► Hurricane Hazel stands for hours, patient and cheerful, as photos are snapped and hugs come her way

What do you get for the mayor who has everything?

How about something that Hazel McCallion, who turns 90 today, can't buy at the mall or order online: Birthday wishes from more than 2,000 of her Mississauga constituents yesterday.

"This birthday was fantastic, all those people — my people," a radiant McCallion said after spending four hours chatting with guests, having her photo taken and belly dancing — yes, shimmying to an Egyptian beat — during the free community bash at Mississauga's Living Arts Centre.

Canada's oldest mayor also received an array of tribute gifts that reflected how beloved she is in the city she's led since 1978. A tree, a lane, an amethyst-and-pearl pendant, an arts volunteer award, a youth physical education pro-

"It's such a pleasure to serve you. I'm your servant and it's been just a delight all these many, many years."

MISSISSAUGA MAYOR
HAZEL MCCALLION

gram and a Canada Post stamp were all named in her honour.

"This is the most famous mayor in the whole wide world," bellowed singer Patti Jannetta as the crowd cheered.

"We love her the most, don't we? We love you Hazel."

Dancers, singers, a magician, crafts and face-painting for kids were part of the afternoon's free entertainment. Enough cupcakes and drinks for 2,500 were laid out for people to serve themselves.

TORSTAR NEWS SERVICE



► Mississauga Mayor Hazel McCallion turns 90 today.



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Your Valentine's Day plans

ON THE EVE OF VALENTINE'S DAY, METRO ASKED PEOPLE ON THE STREETS OF TORONTO WHAT ACT OF ROMANCE THEY'RE PLANNING FOR THE DAY OF LOVE.

The men

Roman Cholesta

34, YORKVILLE

I'm going to be typical and corny, just get her some flowers and I'll see where that takes me.



Camilo Ramirez

18, SCARBOROUGH

I'm going to go out with a girl that I have been talking to. I'll take her out to dinner and a movie. It's a good day to take her out and make my move.



Jeff Lemos

33, YORKVILLE

I got her a locket with our picture in it. I bought it on Friday — she's a U of T student and she's going away on internship — so I got her something to remember me when she's away.



Jesse Kohl

31, YORKVILLE

My gift is to just cook dinner for my sweetheart on Valentine's Day. My cooking isn't that good so I don't know how great of a gift it's going to be.



The women

Robin Baswick-Pitts

28, HAMILTON

I'm married but I have no plans. I have a three-year-old at home and no babysitter, but, hopefully, we will be going out to dinner next week.



Faye Sfetkopoulos

31, YORKVILLE

I'm going to get some champagne, and I'm cooking dinner. We go out every year but we just moved in to our new place so we're going to do it at home this time.



Oksana Fedan

28, YORKVILLE

I bought a gift a couple of months ago. It's three sessions with a private instructor who comes over and works with him (boyfriend) on his body and health. He's really into that sort of thing.



Sarah Stanley

26, OTTAWA

(Single) I'm going to my girlfriend's place to eat some food, watch The Bachelor and talk about boys.



● MATTHEW LOPES/FOR METRO

UFC 129 fans get burned on tickets



MARK HERBERT/FOR METRO

► Tickets for sold-out event being resold for nearly 10 times the original price online ► Fight Club members scoop up most tickets

Fans still looking for UFC 129 seats in Toronto will have to pay up — way up — for tickets.

Originally, tickets for the April 30 event were sold for \$40 to \$800, but scalpers are selling them online for as much as \$6,000.

Hentley Small, 35, said he failed to buy tickets last week.

"They sold 40,000 of the 42,000 tickets to Fight Club members," the Scarborough resident said.

"They shouldn't even have had a public on-sale date if they're just going to sell them all to Fight Club members."

While the event is a sellout, hundreds of tickets are being offered on websites like stubhub.com.

"We don't own the tickets," said Mike, who works for StubHub. He didn't

Ticket prices

Here are a few UFC 129 ticket markups as seen on StubHub.com.

- **Upper 525:** Original price \$50. Resale price \$165 to \$267.
- **Middle Section 218:** Original Price \$175-\$225. Resale price \$589-\$1,200.
- **Section Field A:** Original price \$800. Resale price: \$1,249.99-\$6,999.

want his last name used. "We do not own the marketplace."

He added that it's not unusual to see tickets resell for higher prices.

"It changes from seller to seller and event to event," Mike said.

On Craigslist.ca, prices range from \$99 to \$2,700.

● MARK HERBERT/FOR METRO

► Hentley Small is one of many fight fans who left the Rogers Centre box office disappointed Saturday when tickets for the April 30 UFC event went on sale.

First Nations rally to protect 'sacred forest'

Several dozen First Nations people sang songs and beat drums at the Ontario legislature yesterday to protest the clear-cutting of trees on Algonquin lands in Ottawa.

Members of the Mohawk and Algonquin First Nations have been at the legislature day and night to tend a sacred fire that has been burning there since Feb. 9.

They are urging Premier Dalton McGuinty and Ontario Minister of Tourism and Culture Michael Chan to step in and halt the development that threatens

to destroy the South March Highlands.

Danny Beaton, a member of the Mohawk Turtle Clan, says the highlands is a designated sacred place where the Algonquin go to strengthen their relationship with mother nature.

He says the forest is home to many species of animals, plants and insect life, including some endangered species.

"That sacred forest is honoured by the native people, and it should be honoured by the people

that are in the House of Commons," said Beaton.

"Our children deserve to have that forest when they get older, and if that forest is wiped out, they'll never see that forest and they'll never be able to heal or enjoy that forest."

Beaton and Daniel Bernard of the Algonquin Amikwabe clan lit the fire together and have braved some of the season's coldest nights to keep the flames alive.

"It's total violence against Algonquin First Na-

tions. It's total disrespect for our nation," said Bernard.

First Nations have come from Ottawa and other parts of Canada to support the Algonquin people and to huddle around the fire.

"Sacred fire helps people understand the relation with mother earth," said Bernard.

The forest consists of 457 hectares of municipal owned land adjacent to and within the suburb of Kanata.

THE CANADIAN PRESS



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University students unimpressed by profs

► Report by Ryerson ombudswoman shows increase of more than 80 per cent in complaints about instructors for 2009-10 academic year

The latest evaluation of teachers at Ryerson University shows a dramatic spike in complaints by students, and some say it reflects a general trend toward student dissatisfaction with their professors' teaching abilities.

The total number of complaints about instructors jumped to 78 from 43, with most falling into three areas: Disrespectful behaviour toward students; lack of availability to meet with students one-on-one; and biased decision making.

And similar concerns are being voiced by students at other Canadian universities.

Maxine Wong, a biology and fine arts graduate from York University, recalls a

molecular genetics professor who provided no notes or textbook and tested students on minute details from his lectures.

"All he did was talk, and talk and talk," said Wong. "It was pretty terrible because you couldn't really get any questions in, there weren't any readings and you had to wire yourself on coffee just to follow along. It felt like I was drowning."

The professor was not available to meet with students during his scheduled office hours, said Wong.

The problem with universities is they're run like businesses, with schools more likely to hire "stars" than good teachers to attract more students, said Wong.

She shared her thoughts

about the professor on the anonymous evaluation form that students are given at the end of each course, but many students don't think the feedback makes a difference.

Pierre Mercier, associate vice-president of research and planning at the University of Ottawa, said course evaluations are more important than commonly perceived. Repeated negative scores can lead to dismissal, he said.

Mercier acknowledges the process is slow and invisible to students, who often will have graduated by the time the problem has been resolved.

"We don't go in the classroom to tell the students, 'We sat down with the prof, we discussed it

"A professor might be a great researcher but a terrible teacher, but because they're publishing great papers and working with important people in their field, they can stay on and continue to teach students."

PETER HENDERSON, A RECENT GRADUATE OF THE UNIVERSITY OF OTTAWA'S POLITICAL SCIENCE PROGRAM

and we're planning to do this and that.' It's done privately with the professor, but it is done," said Mercier. **THE CANADIAN PRESS**

KEITH BEATY/TORSTAR NEWS SERVICE



► Liana Salvador, a third-year nursing student at Ryerson and vice-president of education for the students' union, says a report pointing to more student complaints about professors is unsurprising given ongoing budget cuts and the resulting increase in the use of contract instructors.

News in pictures

PHOTOS
1. COURTESY OF TORONTO POLICE
4. FACEBOOK.COM
5. CHRIS YOUNG/THE CANADIAN PRESS



1 A Toronto senior has been reunited with his eight-year-old pooch, Golden, after the Bichon/Shih Tzu cross was stolen by a man who ran into a bus. **METRO**

2 Premier Dalton McGuinty is refusing to say if it's OK to hand out bibles in public schools and at a new school for low-income kids. **THE CANADIAN PRESS**

3 The body of Jordan Morrison, the 19-year-old Barrie man killed in the Dominican Republic earlier this month, arrived in Canada Saturday night. **TORSTAR NEWS SERVICE**

4 A man in his late 20s had surgery at Sunnybrook hospital after being shot in the head in Toronto's west end yesterday. **THE CANADIAN PRESS**

5 Members of the Egyptian and Arabic communities rallied in Toronto on the weekend to celebrate the resignation of Hosni Mubarak. **THE CANADIAN PRESS**



Teresa Kruze
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By the numbers

280K

Immigration Minister Jason Kenney says Canada welcomed a record-high number of immigrant newcomers last year. Kenney released a report yesterday indicating that in 2010, Canada admitted 280,636 new permanent residents. That's the highest number reported in more than 50 years and six per cent more than the government had planned to admit.

THE CANADIAN PRESS

2010

Patriotic echoes of the 2010 Olympic Games reverberated through downtown Vancouver streets this weekend as thousands of people celebrated the one-year anniversary. Despite pouring rain, several thousand more people packed the plaza on Vancouver's waterfront to watch the lighting of the Olympic cauldron one

more time as the five torches were lit one by one to a roaring ovation.

THE CANADIAN PRESS

10



An inmate in B.C. says a jail dentist removed his teeth without his consent and now provincial corrections officials are refusing to pay for new dentures so he can eat. Reza Eshghabadi, 52, said he arrived in the Maple Ridge jail with 10 teeth and dentures, but at a dentist

appointment a few weeks after his arrival, he was put under anaesthetic and awoke with the rest of his teeth missing.

THE CANADIAN PRESS

60

Adoptions started yesterday for the first group of about 60 small chihuahuas and terriers that were airlifted to Edmonton from southern California. THE CANADIAN PRESS

Feds trying to clean up country's dry cleaners

► Toronto Public Health describes chemical as 'probably carcinogenic'

The federal government's No. 1 hunting ground for environmental offenders isn't deep in the mists of the boreal forest — it's in the back rooms of Canada's neighbourhood dry cleaners. The pursuit of violations linked to a toxic chemical commonly used in dry cleaning machines now makes up nearly one-quarter of all inspections by Environment Canada enforcement officers. In just a few years, the number of inspections to sniff out offences related to handling perchloroethylene — some-

times called tetrachloroethylene or PERC — has more than doubled. Environment Canada warns that human exposure to high concentrations of PERC can inflict a host of health issues, including eye irritation, memory loss and even liver and kidney damage.

The department says PERC primarily enters the environment through the atmosphere, where it can damage plants, but it can also find its way into water systems, putting aquatic creatures at risk.

THE CANADIAN PRESS



► Canadian Drycleaners on Queen Street East boasts it does not use perchloroethylene, which Environment Canada says can cause health problems.

PM wins tug of war over VIP aircraft: Docs

"Like a zombie in a B movie, this issue won't stay down."

AN OFFICER'S WORDS IN EMAIL

The prime minister is the apparent winner of a tug of war with Canada's military over the government's VIP aircrafts with documents

showing the Prime Minister's Office asking to repaint Airbus No. 1 to civilian white from military grey. THE CANADIAN PRESS

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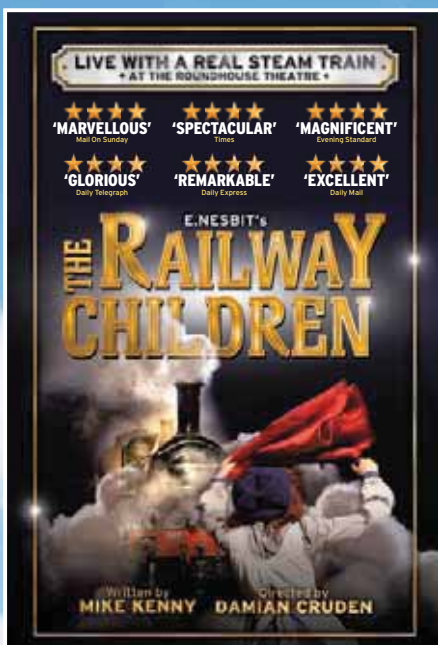
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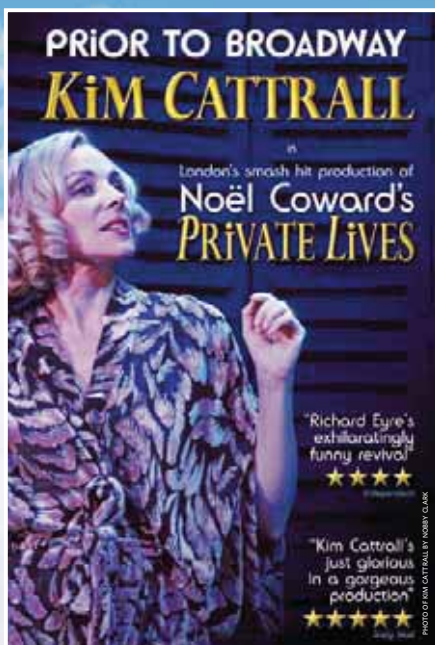
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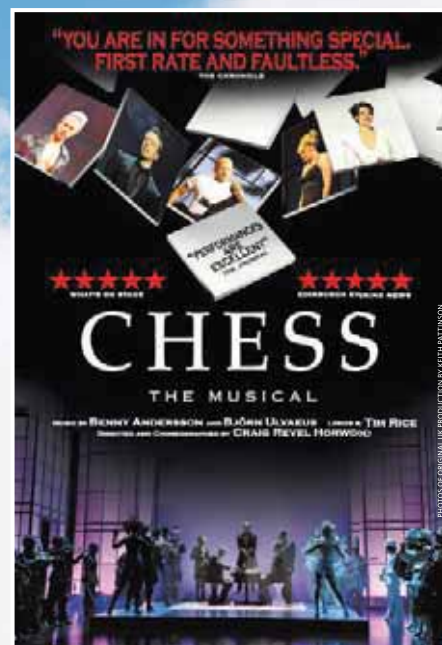
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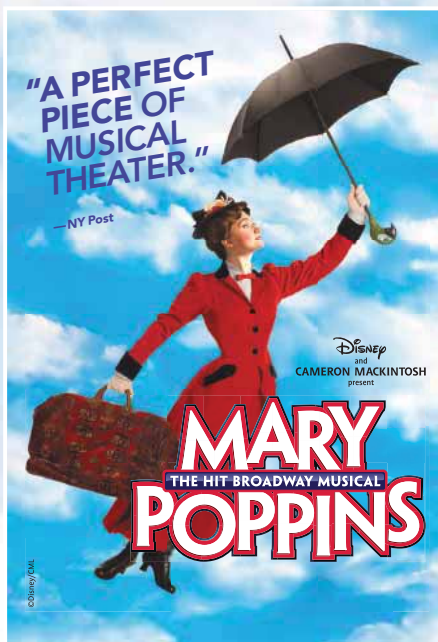
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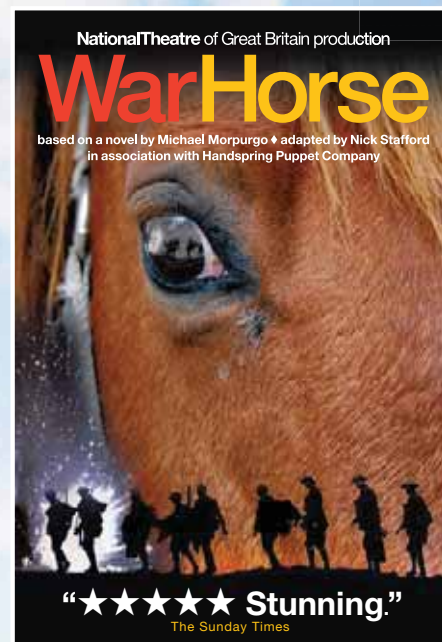
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U.S. budget plan promises to reduce deficit

► Republicans say cuts are not deep enough ► Vow to push ahead with their own plans to trim spending

U.S. President Barack Obama will send Congress a \$3-trillion-plus budget for 2012 that promises \$1.1 trillion in deficit reduction over the next decade by freezing many domestic programs for five years, trimming military spending and limiting tax deductions for the wealthy.

Jacob Lew, the president's budget director, said yesterday that the new spending plan for the 2012 budget year beginning Oct. 1 would disprove the notion that "we can do this painlessly ... we are going to make tough choices."

Republicans rejected that appraisal, castigating



► Barack Obama

Obama for proposals that will boost spending in such areas as education, public works and research.

"He's going to present a budget tomorrow that will

continue to destroy jobs by spending too much, borrowing too much and taxing too much," House Speaker John Boehner said on NBC television's Meet The Press. Boehner released a statement from 150 economists calling on Obama to take immediate action to reduce government spending.

Lew, appearing on CNN's State Of The Union, rejected criticism that the \$1.1-trillion deficit-cutting goal fell far short of the \$4 trillion in deficit cuts outlined by the president's own bipartisan deficit commission in a plan unveiled last December.

THE ASSOCIATED PRESS

Hot. Dogs



► A chow chow named Cody is groomed before the 135th Westminster Kennel Club Dog Show yesterday in New York.

Top dogs compete for top honour

The Westminster Kennel Club Dog Show is the world's most prestigious, featuring 179 breeds and varieties. Entry is limited to 2,500 dogs and is held each year at Madison Square Garden. It started out as a show for hunting dogs in 1877.

2.3M At least 2.3 million weapons are stashed in basements and lofts in a country of less than 8 million people.

Swiss reject gun law

Switzerland stays one of the best-armed nations in the

world yesterday, rejecting a proposal to tighten firearms laws. THE ASSOCIATED PRESS

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Britain eyeing gay marriage changes: Report

- Indications are announcement will be made soon
- Ceremonies would be officially known as marriages

British media reported yesterday that the government is preparing to erase some of the last remaining distinctions between gay partnership and traditional marriage — allowing gay couples to tie the knot in churches.

Marriage and civil partnership are already virtually identical under British law, but because same-sex unions are carried out by government registrars, the ceremony must take place in a public building and religious references are banned.

Some activists also argue that the different titles — “marriage” versus “civil partnership” — means



► Lynne Featherstone

that there's still a subtle stigma attached to same-sex relationships, and a group is now pressing the case to make civil partnership and marriage avail-

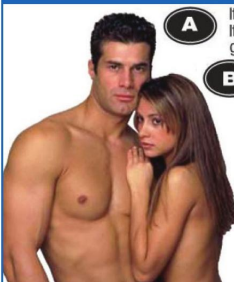
able to all couples.

Unsourced reports in the BBC and British newspapers said the government's equalities minister Lynne Featherstone was preparing to propose a move to allow gay couples to get hitched in religious ceremonies and at religious venues.

If the law is changed, Britain would join a number of countries that call same-sex ceremonies marriages. Canada, the Netherlands, Belgium, Portugal and Spain do so already, while Germany, France, Austria and Switzerland have laws similar to Britain's.

THE ASSOCIATED PRESS

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VALENTINE'S DAY

Gifts can help fair trade

Buy your sweetheart a fair trade gift for Valentine's Day to show them how you feel and avoid the crass commercialism of what, for many, has become a greeting card holiday, says the Ottawa chapter of Engineers Without Borders (EWB). "There's a bit of a

backlash around Valentine's Day and this is one way of reclaiming it," said EWB member Sarah Button. "Maybe you can use it to help a bigger cause."

While fair trade coffee has become commonplace, less well-known are fair trade chocolate, wine and flowers — staple gifts of Valentine's Day. Button says fair trade flower, chocolate and wine firms give workers a greater share income from sales.

● SEAN MCKIBBON

White House keeps the romance alive

MANUEL BALCE CENETA/THE ASSOCIATED PRESS FILE



► U.S. President Barack Obama dances with Michelle Obama on the night of his inauguration in Washington on Jan. 20, 2009.

► Obamas don't fuss too much over a day that's about celebrating love

Here's Michelle Obama's advice for couples this Valentine's Day: Laugh with your partner.

She says it's what she and U.S. President Barack Obama do, and it seems to be working. Their marriage, although tested throughout the years by his political ambitions — for the Illinois Senate, the U.S. Senate and later the presidency — is going on 19 years.

"I think a lot of laughing," she said at a White House luncheon with reporters who asked about the Obamas' union. "I think in our house we don't take ourselves too seriously, and laughter is the best form of unity, I think, in a marriage."

"So we still find ways to have fun together, and a lot of it is private and per-

"Got to keep the romance alive, even in the White House."

MICHELLE OBAMA

sonal. But we keep each other smiling and that's good," she added.

It also helps that Obama is "very romantic."

"He remembers dates, birthdays," Mrs. Obama said last week on Live! With Regis And Kelly. He doesn't forget a thing, even when I think he did. I'll have a little attitude. I give him a little attitude, but he always comes through."

As for Valentine's Day today, Michelle Obama said her husband would do right by giving her jewelry. "You can't go wrong," she said.

THE ASSOCIATED PRESS

NASA craft makes its move today

After eyeing a comet for four years, a NASA spacecraft will finally make its move on Valentine's Day. Tonight, the Stardust craft is expected to fly within 200 kilometres of Tempel 1 — a comet that NASA shot a copper bullet into in 2005 — to snap pictures of the crater.

THE ASSOCIATED PRESS

Valentine's Day a 'trap': Malaysia

Malaysian Muslims debated yesterday whether to shun Valentine's Day after the government warned that the celebration was a "trap" that could trigger indecent behaviour. Deputy Prime Minister Muhyiddin Yassin said the holiday is "not suitable" for Muslims.

THE ASSOCIATED PRESS

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► Dakota Sailor suffered a seizure after drinking two NOS energy drinks last year.

Energy drinks examined

► Popular beverage should be regulated as strictly as tobacco, alcohol and prescription drugs, report says ► Doctors discourage regular use

Energy drinks are understudied, overused and can be dangerous for children and teens, warns a report by doctors who say kids shouldn't use the products.

The potential harms, caused mostly by too much caffeine or similar

ingredients, include heart palpitations, seizures, strokes and even sudden death, the authors say in the medical journal Pediatrics. They reviewed data from the government and interest groups, scientific literature, case reports and

articles in trade media.

Dakota Sailor, 18, a high school senior in Carl Junction, Mo., says the risks aren't just hype.

Sailor had a seizure and was hospitalized for five days last year after drinking two large energy

drinks — a brand he had never tried before.

The report says some cans have four to five times more caffeine than soda. The authors want pediatricians to advise children against drinking them. **THE ASSOCIATED PRESS**

N.Y. stabbing suspect alleges he was set up

A man accused of going on a 28-hour stabbing rampage through New York City shouted that he was the victim of a "setup" as he was led from a police station yesterday.

Maksim Gelman was awaiting arraignment in Brooklyn on charges that he hacked three people to death, then stalked the city for more than a day, attacking innocent strangers, hijacking vehicles and killing a pedestrian with a car.

A small throng of Brooklyn residents taunted the

Ukraine-born Gelman from the sidewalk as he was escorted out of a police precinct for his trip to court.

The 23-year-old yelled back, cursing and yelling that it "was a setup" as he was led to a vehicle.

He was scheduled to be arraigned sometime last night, or possibly today morning, on charges including four counts of murder, one count of attempted murder and other offences including robbery and assault.

THE ASSOCIATED PRESS

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News in brief

HANI MOHAMMED/THE ASSOCIATED PRESS



► Anti-government protesters in Sanaa, Yemen, yesterday.

Yemen faces pro-reform demonstrators

DAY 3. Yemeni police armed with sticks and daggers beat back thousands of protesters marching through the capital in a third straight day of demonstrations calling for political reforms and the resignation of the country's U.S.-allied president.

The protests have mushroomed since

crowds gathered Friday to celebrate the ouster of Egyptian President Hosni Mubarak after an 18-day revolt fuelled by similar grievances.

THE ASSOCIATED PRESS

Bahrain clamps down on marchers

SOCIAL MEDIA. Bahrain's security forces set up checkpoints and clashed with marchers in at least one village yesterday as opposition groups blanketed social media sites with calls to stage the first major anti-government protests in the Gulf since the uprising in Egypt. THE ASSOCIATED PRESS

Algerians plan another protest

PEACEFUL RALLY. The organizers of a pro-reform protest that brought thousands of Algerians onto the streets of the capital over the weekend called yesterday for another rally next week. THE ASSOCIATED PRESS

Antiquities lost in museum looting

► None of missing items are from Egyptian Museum's chief Valley of the Kings attraction ► Thieves also broke into royal necropolis of Dahshur

A full inventory of the Egyptian Museum has found that looters escaped with 18 items during the anti-government unrest, including two gilded wooden statues of famed boy king Tutankhamun, the antiquities chief said yesterday.

The 18-day uprising that forced out President Hosni Mubarak engulfed the areas around the museum, on the edge of Cairo's Tahrir Square. On Jan. 28, as protesters clashed with police early on in the turmoil and burned down the adjacent headquarters of Mubarak's ruling party, a handful of looters climbed a fire escape to the museum roof and lowered

"We have the boat and the legs of the (boy) king, but we are missing other parts of the body. We are looking everywhere for them — around the museum, outside, on the roof, from where the thieves got into the museum."

TAREK EL-AWADY, MUSEUM DIRECTOR

themselves on ropes from a glass-panelled ceiling onto the museum's top floor.

Around 70 objects — many of them small statues — were damaged, but until yesterday's announcement, it was not known whether anything was missing.

Antiquities Minister Zahi Hawass said the museum's database department determined 18 objects

were gone. Investigators searching for those behind the thefts were questioning dozens of people arrested over several days after last month's break-in.

The most important of the missing objects is a limestone statue of the Pharaoh Akhenaten standing and holding an offering table. Akhenaten is the so-called heretic king who tried to introduce

monotheism to ancient Egypt.

"It's the most important one from an artistic point of view," said museum director Tarek el-Awady. "The position of the king is unique and it's a beautiful piece of art."

During Akhenaten's so-called Amarna period, named after his capital, artists experimented with new styles.

Also gone is a gilded wooden statue of the 18th-dynasty king Tutankhamun, Akhenaten's son, being carried by a goddess. Pieces are also missing from another statue of the boy king wielding a fishing harpoon from a boat.

THE ASSOCIATED PRESS

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When Was The Last Time You Shopped for Car Insurance?

Sadly, even the smartest shoppers often don't spend nearly the same amount of time and energy shopping for car insurance as they do for other items. After all, car insurance can be confusing, it never goes "on sale" (it only seems to get more expensive), it isn't much "fun" to buy, and it seems like no one place always has the best prices. But what if one place compared the rates from over 30 insurance companies? And what if it would only take about 10 minutes? And what if you could end up saving hundreds, or even thousands of dollars? This is where InsuranceHotline.com can help by providing a free unbiased rate comparison service for your driving profile that can connect you with the lowest rate available through our large network of licensed brokers and agents.

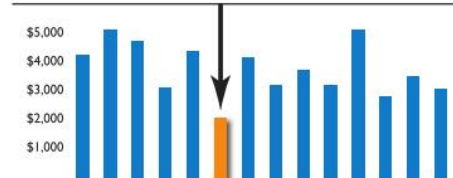
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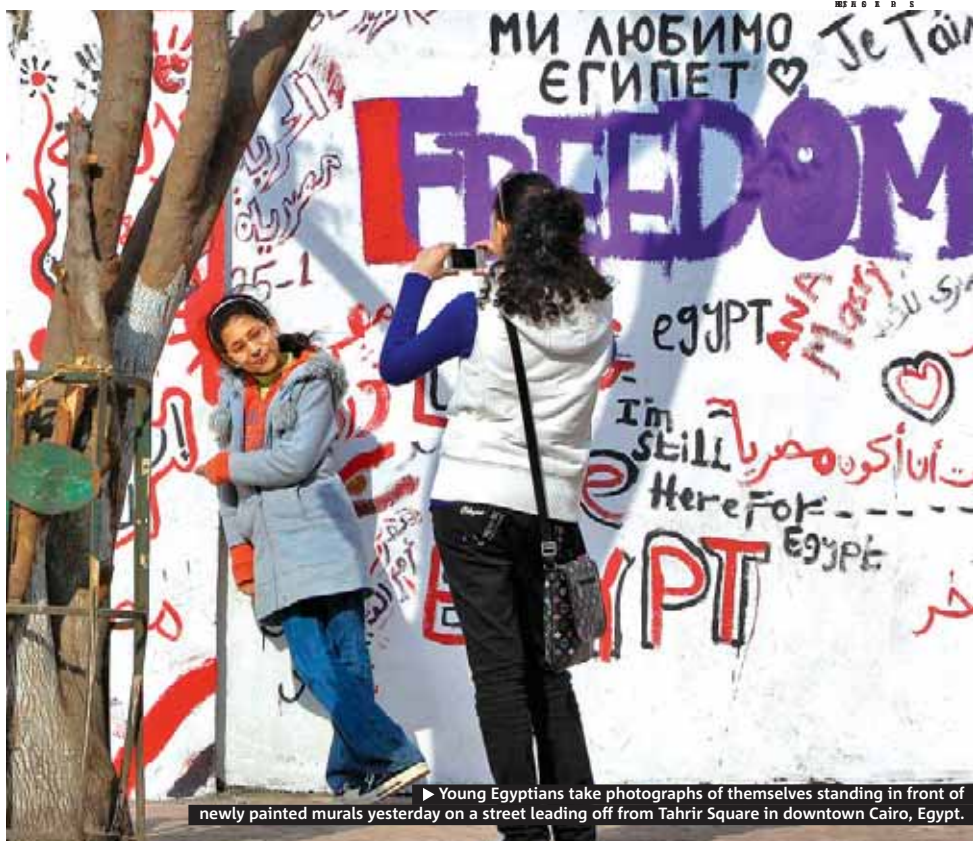


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► Young Egyptians take photographs of themselves standing in front of newly painted murals yesterday on a street leading off from Tahrir Square in downtown Cairo, Egypt.

Mubarak usurped wealth, say critics

Britain is under pressure to trace and freeze the assets of deposed Egyptian president Hosni Mubarak.

Mubarak's family has strong links to the United Kingdom and Mubarak's son Gamal once ran a London-based investment firm that may have helped house some of the family's fortune.

Earlier last week, authorities moved to freeze suspected Mubarak assets in Switzerland but

Britain has so far held off on any similar move.

Mubarak's actual worth remains a mystery. A recent claim that he and his sons Gamal and Alaa may have amassed a fortune of up to \$70 billion — greater than that of Microsoft's Bill Gates — helped drive the protests that eventually brought him down.

"Oh, Mubarak, tell us where you got 70 billion dollars!" protesters chanted. **THE ASSOCIATED PRESS**

Emirates exile?

AND NABU/THE ASSOCIATED PRESS FILE



► Hosni Mubarak

For political figures in exile, the United Arab Emirates has been a luxury refuge. There is no shortage of speculation that Egypt's Hosni Mubarak could join the list.

- The Dubai-based network Al-Arabiya reported Saturday that the former Egyptian president was making plans to head to the Emirates.
- The roster of Emirate exiles includes former Thai prime minister Thaksin Shinawatra, the late Pakistani ex-premier Benazir Bhutto and a turn-of-coat Chechen warlord.
- A possible offer to host Mubarak comes with risks attached for the tightly controlled Emirates.

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Egypt bank auctions T-bills to raise cash

Egypt's central bank is offering \$1.1 billion in treasury bills, its first such auction since President Hosni Mubarak ceded control to the military.

The central bank is offering \$50 million in three-

month bills and \$58 million in 266-day bills. It had auctioned \$58 million in T-bills Thursday, days after it sold \$2.2 billion in bills to raise funds as the country wrestled with political upheaval.

Separately, Hussein Masoud, the head of EgyptAir, the national carrier, said the country had lost 80 per cent of forecast revenues over the past three weeks after cancelling 75 per cent of its flights.

THE ASSOCIATED PRESS

Canadian economy coming up roses?

► Some analysts make the case for more robust growth than predicted

The vast majority of economists see Canada experiencing modest growth this year, with little improvement in the job rate. That's the widely held view of the International Monetary Fund, the Bank of Canada and most private-sector economists. But it's not the universal opinion.

A few analysts believe Canadians will have a much better year than most think. The Royal Bank, Merrill Lynch Canada and others make the case for a much stronger economy in the next few years. If true, it would change the prevailing assumptions on everything from jobs and interest rates to government deficits.

RBC forecasted that

"When you have an outlier position you have a concern that maybe you are missing something."

PAUL FERLEY, ASSISTANT CHIEF ECONOMIST, RBC

Canada's gross domestic product will grow by a relatively robust 3.2 per cent this year, translating into the creation of 324,000 jobs, about 100,000 more than many others think likely.

Contrast that with the Bank of Canada, which forecasts growth of 2.4 per cent, and other analysts who predict growth of an even more modest 1.8 per cent. THE CANADIAN PRESS

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► Keith Bessette, left, and Nick Jaensch launched Shizzlr.com Friday in Hartford, Conn.

Biz grads put some sizzle into social networking

A new social networking website hopes to corner that segment of the Internet dedicated to college students and people in their 20s.

Unlike Facebook, which boasts 500 million online "friends," Shizzlr.com brings together close friends who text-message their social plans to each other.

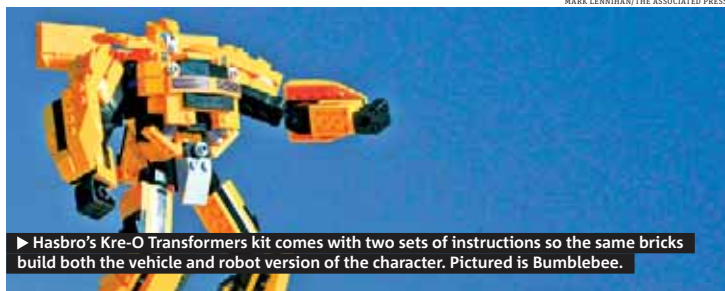
"Facebook is for every person you've met or have come across," co-founder Nick Jaensch said in Hartford, Conn., where he took

an MBA at the University of Connecticut. "Shizzlr is for your actual 20 friends and the people you hang out with."

Jaensch, 24, and Keith Bessette, 31, also a business graduate, raised \$200,000 from friends and family and \$150,000 from Connecticut Innovations, the state's venture investment agency.

A few thousand users already have signed up and Jaensch hopes that will grow to 50,000 by May.

THE ASSOCIATED PRESS



Transformers take aim at Lego

► New line dovetails with coming summer blockbuster *Transformers: Dark Of The Moon* ► Lego still dominates

Transformers fought for world domination in *Revenge Of The Fallen*. Now Hasbro Inc., the No. 2 U.S. toymaker, is joining the building-block fray with a new line called Kre-O that's compatible with Lego and the similar Mega Bloks. The first products feature Optimus Prime, Bumblebee and other characters.

Kre-O, launching in the fall, is intended to grab part

of the booming construction-set business dominated by Lego. While total U.S. toy revenue rose two per cent to \$21.87 billion US in 2010, according to the NPD Group, building-set sales jumped 13 per cent.

The line will launch with 12 Transformers sets. Hasbro plans to expand Kre-Os to its other brands.

Each Transformer set comes with two sets of in-

structions so the same bricks build the vehicle version of the Transformer, as well as the robot version. Prices range from \$6.99 US to \$59.99.

Hasbro could use a hit. The company said this month that its net income slipped 16 per cent in the fourth quarter as U.S. demand for toys dropped off late in the year.

THE ASSOCIATED PRESS

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OPENING NEW CHAPTER FOR BOOK CLUBS

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CAROLYN MORRIS



Natalie Kertes grew up loving books. Her father is a novelist and she was always surrounded by stories — those read to her by her parents, as well as the ones she devoured on her own.

She also concocted her own narratives and had a treasured collection of pens with which she wrote them down. Then, in high school, she stopped writing and although she kept reading, she didn't know anyone her age who shared her passion. In the classroom, she found reading comprehension trite, and outside of school, her teenaged peers weren't interested in talking about books. Or maybe they just didn't realize Kertes liked books,

too. Attractive and sociable, she wouldn't easily be pegged as "bookish."

"It wasn't until university that I realized there were tens of thousands of people who liked reading as much as me," says the 24-year-old co-founder of Small Print Toronto, an organization that runs literary workshops and events for kids and teens. Its latest project is a book club for teenaged girls aged 14 to 17, called the I Haven't Read The Book Club.

It's something Kertes would have loved as a teenager.

The idea was born through a partnership between Small Print and Mabel's Fables, a popular

bookstore for children and youth. Kertes wanted a book club, but they were also looking for a way to introduce new books from local writers. So what

better than a literary salon where the teens get to talk to the author, but don't have to read the book.

"All book clubs should be called that," Kertes deadpans. "I'm in a book club and I've often only read half the book."

It definitely differentiates the club from what's done at school. "You don't have to impress anyone, or get graded, or say the right thing," says Kertes. "It's not an assignment. You're there because you want to be there."

But the club isn't an attempt

to dumb anything down. It's for young readers who have read other books by a particular author and would love to find out more about their writing process.

"Not in a 'I really like this metaphor' way," explains Kertes. "If you devour books, you want to know where the characters you love come from."

The first I Haven't Read The Book Club takes place Wednesday at 6:30 p.m. at Mabel's Fables, 662 Mt. Pleasant Rd., with Lesley Livingston, the author of Wondrous Strange, Darklight and a new book called Tempestuous. For more information, go to smallprinttoronto.org.

"It definitely differentiates the club from what's done at school."



Contact Carolyn Morris at urbancompass@metronews.ca

Cartoon



A day to show your love

Letters & Tweets

Today is the big day! Are you headed to work with a contented glow of somebody in love? Or are you rocking the sourpuss of one who has nothing but contempt for all these forced gestures of romance? Whichever it is, we went to the readers to assure you that you're not alone.

@shirisdancing: So what if I don't have a valentine? Love is selfless, tell someone YOU love that u love THEM. That's what it's all about.

@xbrav: It is a day to remember what is truly important to you. If you hate it, you regret not pursuing love! Show some love.

@dareapplemac: I'm

Sweet hearts



apathetic on Valentine's Day. It's amusing to watch both sides flail their arms arguing their side, especially in tweets.

@mikeperse: I'm pro Valentine's Day now. But when I was single I wanted to strangle Cupid :-)

@cyrusrayne: I'm anti-Valentine's because it seems like forced sentiment that should be there every day.

@thetaoofen: Pro-Valentine's Day, 4 camp/fun side of it, & cinnamon hearts. I need something 2 hold me over 4 the next round of candy corn.

@diegirl: We love it! It's one of our favourite celebrations! It's celebrating love whether it's a partner, kids, family, it's all about love.

If it was your choice, who would get the best album Grammy?

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at Tryst Lingerie

Depending on what time you're reading this, there are only a finite number of hours left to pick something up for your sweetheart. Originality? We're afraid you don't have time for that anymore. But you know who does have time for originality? Your lady. And if she's expecting something you don't deliver, you shall discover just how many creative ways a

human being can be punished. At this point, you may as well just get her something you'll both enjoy. Tryst Lingerie, a family run endeavour, can hook you up with some sexy, silky threads. Its knowledgeable staff can lead you to the right item in plenty of time to make emergency last-minute dinner reservations.

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Grammys go Gaga, Young finally wins

- Lady Gaga's odd entrance and wild performance the talk of the show
► Arcade Fire upset by Black Keys ► Jay-Z in a Grammy state of mind

Neil Young finally won a Grammy Award for his music, but fellow Canadians Drake and the Arcade Fire failed to do the same as the first batch of awards were handed out yesterday.

The 65-year-old Young — a three-time nominee this year — claimed the award for best rock song for *Angry World* at a pre-telecast ceremony where the bulk of the awards are handed out.

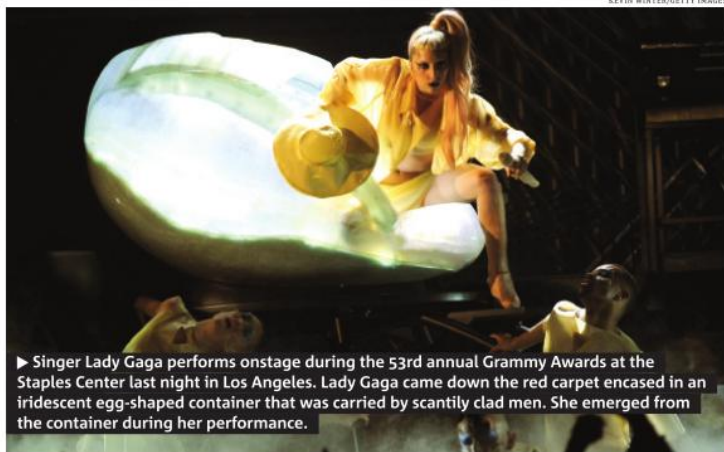
Young, who had a nomination for best rock album in the evening portion of the awards, climbed the stage to accept his prize clad in black.

"Thank you, everybody, thank you to the Grammys and all the people who, y'know, are part of that," said Young, who seemed pleased — even amused — by the honour, and rubbed the trophy as he clutched it.

Young never won a Grammy during his heyday in the 1960s and '70s, but in recent years claimed an award for the packaging of his *Archives* set and was honoured by MusiCares last year for his charity work.

"I appreciate this very much," he said yesterday. "This is my first Grammy for music. It's appreciated greatly."

Arcade Fire's early shut-out, meanwhile, proved a shock to Grammy insiders.



► Singer Lady Gaga performs onstage during the 53rd annual Grammy Awards at the Staples Center last night in Los Angeles. Lady Gaga came down the red carpet encased in an iridescent egg-shaped container that was carried by scantily clad men. She emerged from the container during her performance.

Since the band is up for the evening's top prize — album of the year — many assumed its other two nominations were virtual locks. But the band lost out to the Black Keys for both alternative music album and best rock performance by a duo or group with vocals.

A total of 98 awards were handed out during the afternoon gala, with another 10 to be decided at an evening broadcast ceremony at the Staples Center in Los Angeles.

Justin Bieber strutted through a performance of his *Never Say Never*, joined by Karate Kid star Jaden Smith, before Usher took over with his stomping hit *OMG*. **THE CANADIAN PRESS**



► Canadian-born musician Neil Young accepts the best rock song award. It was Young's first Grammy for his music.

Winners

Early winners in selected major categories at yesterday's 53rd annual Grammy Awards:

- **Song of the Year:** Dave Haywood, Josh Kear, Charles Kelley & Hillary Scott, songwriters, Lady Antebellum
- **Pop Vocal Album:** The Fame Monster, Lady Gaga
- **Rock Album:** The Resistance, Muse
- **Female Pop Vocal Performance:** Bad Romance, Lady Gaga
- **Male Pop Vocal Performance:** Just The Way You Are, Bruno Mars
- **Pop Performance by a Duo or Group with Vocals:** Hey, Soul Sister (Live), Train
- **Rock Song:** *Angry World*, Neil Young
- **R&B Album:** *Wake up!* John Legend & The Roots
- **R&B Song:** *Shine*, John Legend & The Roots
- **Rap Solo Performance:** Not Afraid, Eminem
- **Rap Song:** *Empire State of Mind*, Jay-Z and Alicia Keys
- **Dance Recording:** *Only Girl (In The World)*, Rihanna
- **Alternative Music Album:** *Brothers*, The Black Keys
- **Country Album:** *Need You Now*, Lady Antebellum
- **Traditional Pop Vocal Album:** *Crazy Love*, Michael Bublé
- **Dance Recording:** *Only Girl (In The World)*, Rihanna
- **Spoken Word Album:** *The Daily Show With Jon Stewart Presents Earth (The Audiobook)*, Jon Stewart

2 scene

Box office



Adam Sandler and Jennifer Aniston are America's box office sweethearts, but Justin Bieber is the valentine for teen fans. The Valentine's Day weekend was a close one as Sandler and Aniston's romantic comedy *Just Go With It* debuted with \$31 million US.

THE ASSOCIATED PRESS



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Escapism at its best

► New period dramas offer quite the distraction to our regular lives



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A great television series transports viewers off the couch and into another world.

And in a time when audiences are consumed with the stress of a lousy economy and over-connectedness, escapism is at a premium.

So it's really no wonder that cable has become home to a crop of ambi-

tious new period dramas that are not only gorgeous to look at, but offer a fantastical distraction grounded by parallels to modern society.

"When everyday life is a dull struggle to make ends meet, what's better than a drama, with sumptuous costumes, exotic sets and wealthy, flamboyant characters, to cheer us up?" asks Sarah Bower, former critic of historical fiction and author of *Sins of the House of Borgia*, out March 8.

"The historical period stuff seems to work very well. They're great stories. They're things that have been timeless. It's not that we're looking for them. We're looking to have things that we think are — the word I'm using is 'premium-television-flavoured popcorn.'"

STARZ PRESIDENT AND CEO CHRIS ALBRECHT ON HIS NETWORK'S DECISION TO PICK UP A NUMBER OF HISTORICAL DRAMAS

And these new series have those attributes in spades.

In the case of Starz's

Spartacus: Gods of the Arena, the swords and sandals prequel to *Blood and Sand* — which airs on The



► *Spartacus: Gods of the Arena* star Dustin Clare

Top up your RSP ASAP.



► Stephen Colbert

Colbert set to take on the sea

Stephen Colbert is taking on the sea.

The comedian announced Friday that he will embark on the biennial OnDeck Charleston Bermuda Race on May 11.

Colbert and crew will sail a 65-foot racing yacht on the 777-mile race from his native Charleston, S.C., to Bermuda.

The Colbert Report host

plans to make the adventure a focal point on his show, treating it with far more bombast than Captain Ahab ever did.

Colbert says in a statement: "The ocean has had a free ride too long. Well, it has to deal with me now. Brace yourself, Atlantic!"

The 46-year-old has competed in the race once before, in 2005 shortly be-

fore the Colbert Report premiered.

The race is presented by sailing company OnDeck in partnership with the South Carolina Maritime Foundation and the Royal Bermuda Yacht Club.

Colbert has been designated Honorary Captain of the Fleet by the race's organizers.

THE ASSOCIATED PRESS

Perry's back, but don't call him Chandler



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METRO WORLD NEWS IN LOS ANGELES

Matthew Perry returns to network television with his new sitcom, *Mr. Sunshine* — only this time, he isn't just the star.

Perry is also the co-writer, executive producer and creator of the show about a sports arena manager with a not-so-sunny disposition.

Perry spoke with Metro about the joys of multitasking, Justin Bieber stealing his identity and why he isn't looking for a little help from his "Friends."

How has the process of creat-

ing a show been as opposed to just being an actor?

It's been a very educational process. I had no idea how much went into doing a television show — a tremendous amount. I used to think that a TV show started on the day of the table read. I was like, "Well, I'm here. So I guess this is the first day." But no, there's a lot of work that goes into it.

You wear a lot of hats for the show. Are you good at multitasking?

It's much more difficult than I thought it was going to be.

You have to micromanage and learn what you care about and what you don't care about.



Like I learned that the plant behind [Alison Janney's] head, I don't care what that looks like, but somebody really does, so I don't have to invest time.

Is it true that Justin Bieber uses Chandler Bing's name to



HANDOUT

Un-pope like

► Though he was pope, Rodrigo Borgia was not a saint. In *The Borgias* premiere, he has a steamy love scene with his mistress.

Movie Network in Canada — the formula is to capitalize on the successes of the original, including its zealous use of sex scenes and gory gladiator fights. “We’re trying to tell a very specific story, but because we are not trying to make it for everybody, everybody seems to like it,” says series creator Steven S. DeKnight. “We’re not trying to pander to the mass market. I think it’s great storytelling, at the end of the day, that invites the audience in and can put them

on the journeys that all the characters are on.”

When your characters are real-life figures, there is built-in recognition. Add a tagline like “The original crime family,” as Showtime has on promos for *The Borgias*, and a series becomes intriguingly must-see.

“There are huge parallels [in the series to today] about what people get up to in order to hang onto power,” actor Jeremy Irons says of his character, Rodrigo Borgia, who bought the papacy during the Italian Renaissance.

“There were murders in Rome every night, poisonings most weekends. And if you’ve got to run that, which the pope attempts to do, you’ve got to play by the rules that society follows.”

TV Picks

Canadians Sarah Chalke and Tyler Labine star in the new romantic comedy *Mad Love*, which also features Jason Biggs of *American Pie* fame and familiar face Judy Greer, who has played memorable characters in *Arrested Development* and *Californication*. It’s about two singles living in New York City who start to connect — unfortunately their best friends hate each other. (CTV)

Just a quick Flash

► DC Comics only offering hints about new miniseries

Anything can change in a flash.

Readers of DC Comics The Flash series are about to find that out as the publisher gradually unveils Flashpoint, a story arc that features 15 separate miniseries, a series of one-shot issues and more that will range from Gotham to around the world and bring the Scarlet Speedster to the forefront of DC.

The company is keeping mum about it all, offering a few hints and teasers that show some of its major characters — Batman among them — in similar costumes but with subtle yet direct differences.

The series is written by Geoff Johns, DC's chief creative officer.

A preview is offered in the new edition of The Flash: The Dastardly Deaths of the Rogues, which Johns wrote and Francis Manupaul illustrated. It's been released in comic shops and will be in book stores next week.



It details Barry Allen's return to the hustle and bustle of Central City, his wife Iris and his job as a forensics investigator. But the story pivots an unusual hinge: Allen, it seems, will kill a villain, and law enforcement from the 25th century is out for him.

How it plays into Flashpoint is a secret DC will not reveal, but Manupaul has breathed new life into the Scarlet Speedster, with art that is both vibrant and evocative of the velocity

that has always surrounded The Flash.

The 31-year-old Toronto resident said it's been more than a joyride illustrating the ongoing series.

"I've actually been a longtime Flash fan since high school and the very first time I talked to (DC co-publisher Dan DiDio) about working with DC, one of the very first projects that I asked for was The Flash," said Manupaul, who got to draw the character when Johns brought Flash back last year and the new series started.

The partnership has blossomed.

"It's better to work with writers that you admire and that you mesh with. The story is ultimately what is important," Manupaul said. "Through our experience working on Adventure Comics, the collaboration worked out really well. And when Geoff came back to The Flash, he brought me along with him."

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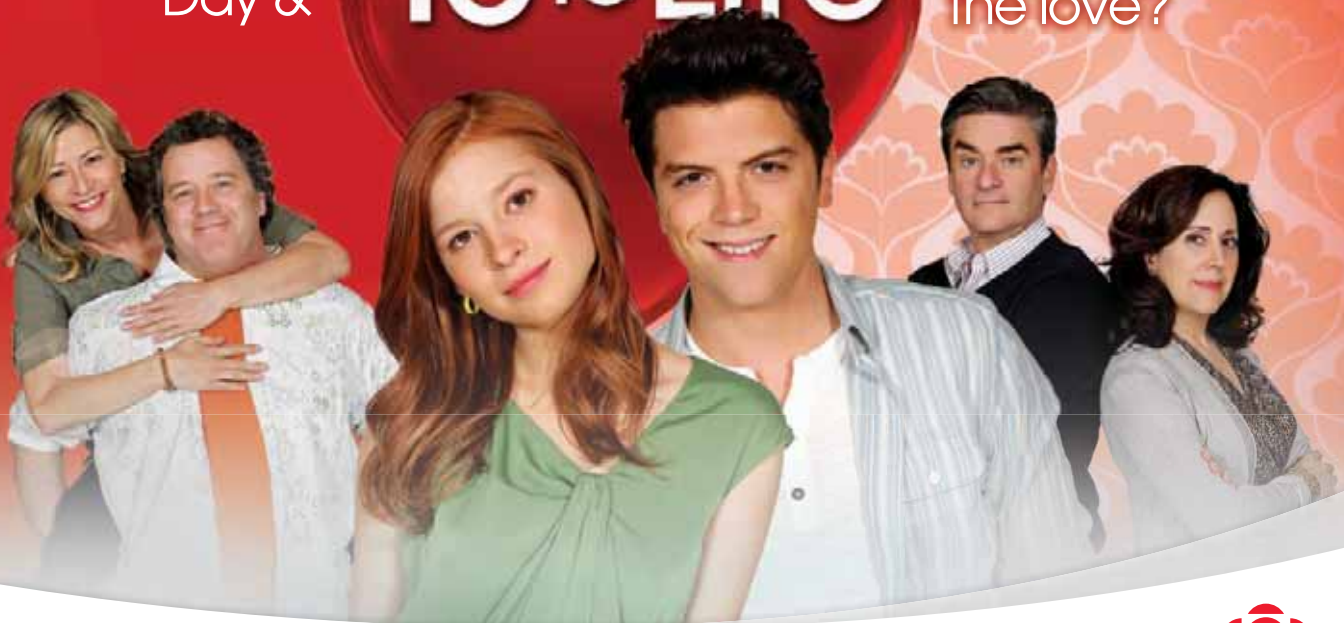
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CBC

Royal romance gets the comic treatment

► Kate and William: A Very Public Love Story will be published in April

The royal love story has been chronicled in speech bubbles and sketches.

A comic book telling the story of Prince William and Kate Middleton's romance is due to be published in April, joining a host of other books and memorabilia flooding the market ahead of the April 29 royal wedding.

"There's always been a tradition in this country of comics for girls in which the girl dreams of meeting someone famous and falling in love," said Mike Collins, the artist who did the illustrations for Kate and William: A Very Public Love Story.

"In this case, this is

what's happened and it's for real," he said.

The graphic novel will be published in two editions: The first follows the prince's life from the rugby pitches of his exclusive boarding school to his adventures in the Royal Air Force, while the other traces Middleton's half of the story with cheeky fictional diary entries that imagine her as a love-struck student who later comes to terms with the ups and downs of being a future king's girlfriend.

The two halves will come together in a collected bound edition that's presented as a flip book and includes a fictional account of the wedding day (and a kiss, too.)

The couple make a good-looking comic book superhero and heroine, Collins said.

"She's got this flowing hair that's really lovely to draw, and he's got a very distinguished face," he said.

Rich Johnston, who wrote the script, said he didn't think William and his fiancée would mind having their love story

chronicled in speech bubbles and cartoons.

"It's better than seeing themselves on a plate," he

joked, referring to the many commemorative china items on sale.

A U.S. publishing house

has also announced a rival to the comic, also to be published in April.

THE ASSOCIATED PRESS



► An illustration for the graphic novel Kate and William: A Very Public Love Story



A stand-up memoir

MONICA WEYMOUTH
@METROUS
METRO WORLD NEWS IN PHILADELPHIA

Patton Oswalt decided to share some not-very-flattering details in his new memoir — including how he wasted his time on the Internet while not writing it.

"It's really like a syndrome or something," admits the comedian, who isn't ashamed of his spiteful Facebook tendencies. "It's a problem. I want distraction; I need distraction."

Occasional chapters of *Zombie, Spaceship, Waste Land* end with a "full disclosure" box, providing an amusing insight into his procrastination — muted space-shooter games, Breakfast Club trivia binges, YouTube pwnage compilations — as well as a welcome revelation that the successful comedian and actor hasn't totally abandoned his roots as a nerdy, REM-obsessed teenager working in an underground movie theatre.

Fans of Oswalt's stand-up (or 2009 film *Big Fan*) won't be surprised by the darker tone of his book. But if you're only familiar with his *King of Queens* character, then his hilariously dismal take on starting out as a comic, chapter of trippy greeting cards and urban vampire comic interlude might be unexpected.

The David Cassidy effect: A novelist's paean to the teen idol crush

DAN STEINBERG, THE ASSOCIATED PRESS FILE



► David Cassidy in 2009, and at right, during his Partridge Family days.

British novelist Allison Pearson's devotion to age 13 for David Cassidy, a.k.a. Keith Partridge (of the feathered mullet and The Partridge Family), was so intense, she wore the colour brown for 18 months because she'd read it was his favourite.

"Almost my entire wardrobe was brown — brown bell-bottoms, brown platform shoes," says Pearson. "I actually look malarial in brown. But somehow, I thought it would give me some competitive advantage over the other fans."

Like most love-struck

teens, Pearson, now 50, eventually recovered from the shock that she would never be Mrs. Cassidy. She reached adulthood, got married, had kids, became a prominent newspaper columnist in Britain and then a bestselling novelist with 2002's *I Don't Know How She Does It*, now being made into a movie with Sarah Jessica Parker as her working-mom heroine, Kate Reddy.

But she never forgot her David — and she reckons many of us haven't forgotten our teen idol crushes, either. Her new book, *I Think I Love You*, which

hit stores this week, is not only a paean to Cassidy but an exploration of the fragile emotions and fraught relationships of the teenage years.

"People may think it's silly, but the teen idol crush is really, really powerful," said Pearson, sipping a cappuccino on a recent afternoon in Manhattan. "It's a dress rehearsal for love. You're in



love with the IDEA of being in love." If the author seemed to be glowing a bit, the reason may have been her experience earlier that morning. Appearing on NBC's *Today*, she'd been surprised on set by none other than Cassidy himself, now 60 and still performing. Luckily, she'd dressed right — she was wearing a ribbon-trimmed David Cassidy photo on her lapel, close to her

heart.

Afterward, the two talked, and Cassidy even agreed to appear in the jukebox musical she's writing based on the book — as long as it makes it to Broadway, Pearson says. (She's collaborating with her husband, New Yorker film critic Anthony Lane, on the script.)

Who knows if it will actually happen, but imagine growing up to write a musical about your teen idol that your teen idol actually appears in? Talk about your full-circle moment.

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It's an unfriendly neighbourhood, Spider-Man

► Bad reviews, glitches and safety violations add up to a troubled week for the Broadway musical

Producers of the Broadway musical *Spider-Man: Turn off the Dark* were likely looking forward to today: They'll be happy to turn their back on a torrid week.

The \$65-million musical was loudly booed last Monday night by professional critics impatient with the endless delays with the stunt-heavy show. Breaking with tradition, reviewers weighed in while the show is still in previews, calling it "a shrill, insipid mess" (the *Washington Post*) and likely to "rank among the worst" musicals of all time (the *New York Times*).

Then on Thursday night, as if to prove the Julie Taymor-directed show isn't yet fully ready with about a month to go before its offi-

THE O AND M CO., JACOB COHL/THE ASSOCIATED PRESS



► Spider-Man: Turn off the Dark has been beset by various problems.

cial opening, another technical hiccup left actors playing the Green Goblin and Spider-Man hanging helplessly over the audience for several minutes.

Now comes word that the New York State Department of Labor has issued

two safety violations against the Broadway musical. Citing an anonymous state official, who spoke on condition of anonymity because the official was not authorized to release the findings, the *New York Times* reported Saturday that the safety violations were related to accidents last year.

No financial penalties have been imposed on the production, but state safety officials will perform surprise inspections from now on, the official said. Further violations could lead to the withdrawal of variances issued last year allowing aerial stunts that involve Spider-Man and the other characters.

THE ASSOCIATED PRESS



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Can You Actually Lose Weight By Eating Chocolate?

Doctor developed weight loss chocolate was clinically shown to help patients lose 12 times more weight and was just rated best new diet product.

Marc Charron - Health & Lifestyle

Millions of Canadians are either overweight or obese. Everyday we look in the mirror, we are reminded of how we've lost control of our weight. Imagine being able to lose those 10 pounds and never have to go on another diet. Imagine being able to eat the foods you love, while still having the body you've always wanted. Imagine taking back control of your life and not letting your weight dictate what you eat and what you wear. While it seems like a great idea, the problem is that the marketplace is filled with diet products with exaggerated promises or dangerous side effects. That is why most of us gain weight without any hope.

However, last year there was a tremendous weight loss breakthrough from a doctor while

analyzing his cholesterol research. While researching the cholesterol data, he discovered a natural ingredient that would expand and attach to the fat when mixed with water.

It works by expansion to control your appetite as well as it's the only product of its kind that helps bind to the fats in the food to reduce the amount of fat absorbed by the body. "This is the only weight loss product that is safe and effective

enough for me to recommend to my patients", says Dr. Michael Ho.

Not only is this the only product of its kind, Dr. Michael Ho formulated this weight loss ingredient into a delicious chocolate. The active ingredient now has clinical studies completed at the University of Connecticut showing safe, consistent weight loss that resulted in the participants losing 12x more weight.

I recommend to all of my clients to lose weight. I have never endorsed a diet product before because of the dangerous side effects and lack of studies supporting it, but Slimmies is completely different. This product is safe, it works for my clients and will completely change the industry.

- Felix Z.
Personal Trainer

not another pill. People that take this product will lose weight while still enjoying their favorite foods. It's easy and the chocolates tastes delicious. It has taken an entire year to perfect the formula to make sure this product tastes great and is the most effective diet product you've ever tried." It was announced today that Slimmies Weight Loss Chocolates have now been made available to the public.

"These Slimmies tastes great. It makes you feel full so much faster and I love how it acts like a sponge, absorbing the fats in my food", says Nancy.

"It is our goal to do our part in helping America get healthy again", declares the doctor

With the clinical trial results, combined with the delicious taste of a chocolate, Slimmies Weight

"There's too many gimmick products and false promises. I wanted to develop a weight loss product that is safe, effective and

Supplement Facts

Serving Size: 1 Chew Servings Per Container: 30 Chews		
	Amount Per Serving	% Daily Value
Calories	15	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Saturated Fat	0.5 g	3%*
Trans Fat	0 g	**
Cholesterol	0 mg	0%
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Sugars	0 g	**
Sugar Alcohol	3 g	**
Protein	0 g	
Sodium	10 mg	<1%
Slimmies FatTrap™	1 g	**

* Percent Daily Values are based on a 2,000 calorie diet.
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■ Rated best new diet product, Slimmies Weight Loss Chocolates are not only diabetic friendly, but also have nutritional facts that you can smile about and trust that they will help you achieve your weight loss goals.

Loss Chocolates was awarded Best New Diet Product at the recent ECRM conference.

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For the launch of the product, the company has announced the first 100 customers are eligible for a free box of Slimmies with their purchase.*

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Big Momma's back for Part 3

► Brandon T. Jackson joins Martin Lawrence in drag



STEVE GOW
SCENE@METRONews.ca

Say what you will about Friday's release of *Big Mommas: Like Father, Like Son* — the third installment in the film franchise that features Martin Lawrence as a federal agent disguised as an old lady — it's found a place in Hollywood's history of cross-dressing comedies.

"Martin was able to make *Big Momma* so real and relatable," said director John Whitesell (who also directed *Big Momma's House 2*). "We all have a *Big Momma* in our life and I think that really struck me."

In this latest version however, Lawrence isn't flying solo. When his stepson (*Tropic Thunder*'s Brandon T. Jackson) witnesses a murder, the pair both go undercover in lady's undergarments.

"I think it's kind of funny that you always know it's a guy under there," said Jackson of the movies' secret to success. "That's what makes it so funny."

While Whitesell agrees on the comedic potential, the director was initially reluctant to attempt a third chapter.

"By bringing Brandon undercover and in drag, you kind of get a two-han-



► Brandon T. Jackson, left, and Martin Lawrence in a scene from *Big Mommas: Like Father, Like Son*.

"I love people. As actors, you've got to be so detached and go off into this land of Who knows where we are. I like to listen to what people got to say about life."

BRANDON T. JACKSON ON WHY HE'LL NEVER QUIT STAND-UP COMEDY

der," explained Whitesell. "By now having a partner undercover, we opened up a lot more possibilities comedically and made it

fresh and more relatable for a younger audience."

Whitesell admits there was no better choice than Jackson as well. In fact, the filmmaker is first to admit he cast the popular stand-up comedian at the perfect time.

"He's going to be (a big star)," proclaimed Whitesell. "But he does so many different things, I think it's hard to pigeonhole him into one and that may be part of the reason he's taking a little longer to be as big as I think he's going to be."

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Speeding to a sequel

► Disney and Pixar animation chief to get his own character in Cars 2

John Lasseter is unwittingly driving into the next installment of Cars.

The producers of Cars 2 surprised the Disney and Pixar animation chief in honour of Pixar's 25th anniversary by introducing a hefty yellow pick-up truck named John Lasseter — get it? — in the upcoming sequel.

Lasseter said they registered the character's name to celebrate the animation studio behind such films as Toy Story, WALL-E and Up. "It was news to me," said Lasseter, who is also serving as a director on the animated film.

"I did not know about that, so I was a little surprised. I ended up voicing this character. It was just

Coming soon

► Cars 2 is scheduled for release June 24.

one line, but now I have a Cars character. I'm very excited about that. He's a good ol' American pick-up truck, which I think is very appropriate for John Lasseter."

Lasseter's character serves as the pit crew chief for a high-profile race car. In the sequel, slick race car Lightning McQueen and his tow truck friend Mater set off on an around-the-world adventure.

Cars 2 producer Denise Ream said she was inspired to inject Lasseter in the film by George Lucas' brief

cameo in Star Wars Episode III: Revenge of the Sith.

Over the past few weeks, the studio has been teasing several new additions to the cast, including blue British spy ride Finn McMissile (voiced by Michael Caine),

purple sportster Holley Shiftwell (Emily Mortimer), egomaniac Italian champion Francesco Bernoulli (John Turturro) and orange henchman Grem (Joe Mantegna).

THE ASSOCIATED PRESS



► This pick-up truck will be a character in the upcoming animated feature Cars 2.

Arnold ready to return

After seven years in the California governor's mansion, Arnold Schwarzenegger is returning to his old day job: acting.

Schwarzenegger wrote on Twitter that he's ready to start considering film roles again.

The former governor tweeted Thursday night: "Exciting news. My friends at CAA have been asking me for 7 years when they can take offers seriously. Gave them the green light today."

Schwarzenegger's personal aide, Daniel Ketchell,



► Arnold Schwarzenegger

confirmed the tweet Friday morning.

Before leading the state of California from 2003 to 2010, the former body builder was the star of such blockbusters as the Terminator franchise and True Lies and comedies like Kindergarten Cop and Twins. THE ASSOCIATED PRESS

The Best New Drama on TV

-TV Guide

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Divorce no real surprise

► After marrying young, having a kid young, split comes as no shock

The divorce between Ashlee Simpson and Pete Wentz is completely understandable, according to People magazine.

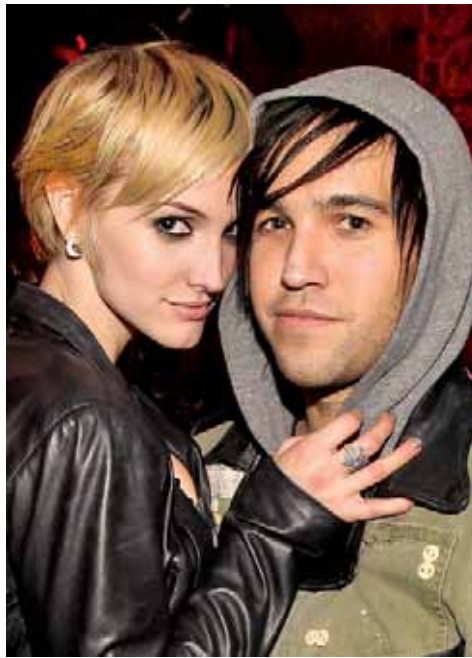
"It was honestly a classic case of marrying young, having a kid young and growing apart over the years," a source tells the magazine. Simpson may also have felt overwhelmed by her parental duties and the effect it had

"It was honestly a classic case of marrying young, having a kid young and growing apart over the years."

SOURCE

on her career.

"Ashlee was the one with Bronx a



lot of the time, and that's a lot," the source says.

"Ashlee loves

being a mom, but she also loves being a performer and she wants to badly get back to that." ● METRO



Strange proposal

David Foster and his new fiancée Yolanda Hadid certainly don't have a typical story about their holiday proposal.

"Strangely enough, we got engaged at Yolanda's ex-husband's house — because that's where we met,"

Foster said Friday as he and his new mate arrived on the red carpet at a MusiCares benefit in honour of Barbra Streisand.

Didn't Hadid's ex mind that he was proposing?

"He introduced us," Foster replied with a smile.

The 15-time Grammy winner has been married three times previously. He has five children from his previous marriages, the

most recent of which to actress and former beauty queen Linda Thompson ended in 2005.

Hadid, a Dutch model, has three children from

her marriage to real estate developer Mohamed Hadid.

Foster says the couple is "loosely" planning on getting married on Nov. 11, which, given the year, would be 11/11/11.

● METRO



Talking points

Jake being linked to Mulligan

PEOPLE Jake Gyllenhaal has sources speculating that he's getting sweet on Oscar-nominated actress Carey Mulligan. Gyllenhaal reportedly took Mulligan all the way to Tennessee to see British band Mumford & Sons perform.

After checking out the show, the pair then reportedly joined the band for dinner at Nashville's City House restaurant.

● METRO

Playboy guests fall ill

PEOPLE Health officials on Saturday were investigating complaints of respiratory illnesses that a media report said affected dozens of people after a fundraiser at the Playboy Mansion in Los Angeles that was part of a larger conference. The Department of Public Health issued a statement Saturday saying only that it was investigating a suspected respiratory infection outbreak among attendees.

● METRO

Lohan looking to walk

Despite her continued problems with the law, Lindsay Lohan could still avoid spending any time in jail, experts tell People magazine.

"This is far from a slam-dunk case," defense attorney Steve Sitkoff tells the magazine of Lohan's recent felony charge for

"This is far from a slam-dunk case."

SOURCE

allegedly stealing a \$2,500 necklace.

Sitkoff says all Lohan's lawyer will need to do is "convince one juror it was an innocent misunderstanding, and she could walk."

● METRO





Foxx fight spills out into street

► Usher concert disrupted as Jamie scraps with his former management

A scuffle reportedly involving Jamie Foxx disrupted a performance by Usher at a crowded L.A. nightclub over the weekend, according to Radar Online.

The Oscar-winning actor was reportedly having an argument with a former manager that turned physical and "spilled to the outside area," a source says.

"After some cops ap-

"I don't know what the guy said to Jamie Foxx, but he was really pissed."

SOURCE

proached, both men seemed to make-up with one another before they left."

Foxx reportedly then left with a scowl on his face.

"I don't know what the guy said to Jamie Foxx, but he was really pissed," the source says.

● METRO

Celebrity tweets



Lindsay Lohan
[@lindsay-lohan] I pray Egypt maintains it's treaty with

Israel and sets the trend for its neighbors to create peace with Israel and the entire region



Arnold Schwarzenegger
[@SCHWARZENEGGER]

Exciting news. My friends at CAA have been asking me for 7 years when they can take offers seriously. Gave them the green light today.



Joel McHale
[@joelmchale] For five bucks, Chevy Chase will

perform the entire "Candygram" routine with the family member of your choosing.



Conan O'Brien
[@Conan-O'Brien]

When I really stop and think about it, I realize I've only enjoyed four sandwiches in my life.

● METRO

Banton's trafficking trial set to kick off

Buju Banton checked out some cocaine, put some on his finger and tasted it — all of it caught on law enforcement video inside a Florida warehouse.

Now he has another chance to explain why he did what he did.

The Grammy-nominated singer's second trial is scheduled to begin Monday with jury selection, five months after a previous jury hung on federal drug trafficking charges that could put him in prison for life.

Banton, whose real name is Mark Myrie, claims he was entrapped by a confidential inform-



ant and got in over his head while trying to impress the man, who im-

plied he could help Banton's music career.

The U.S. government says Banton conspired with two associates to buy a shipment of cocaine from an undercover officer.

The two other men pleaded guilty and agreed to co-operate with investigators.

Their sentencing hearings are scheduled to start some time next month.

● METRO

Billy not angered by Elton

Elton John

may have

given Bil-

ly Joel

some

"tough

love" in

his re-

cent

Rolling

Stone inter-

view, sug-

gesting Joel

needs help ad-

dressing his alcohol

problem, but Joel isn't

mad at his British friend.

"I've enjoyed our rela-

tionship too much to let

something as random as

these

com-

ments

change

my af-

fection

for him,"

Joel

says in a

state-

ment.

He goes on

to list his thoughts

on the matter:

"1. I do not hate Elton

John. 2. I do not want to

'punch him in the face.' 3.

"1. I do not hate Elton John. 2. I do not want to 'punch him in the face.'

3. If he wants to call me, my number is still the same"

BILLY JOEL

If he wants to call me, my number is still the same."

● METRO



3 life

Quick love fix



Forgot about Valentine's Day? If so, here are some thoughtful last-minute ideas.

Love letter

Express your love with a handwritten letter. Then have it framed.

Photo collage

Create a collage of your favourite moments together.

Balloon bouquet

Fill clear balloons with candles, love notes and trinkets.

Snack basket

Put together your sweetie's favourite salty and sweet snacks. **NEWS CANADA**



Are you in the mood for love? Victoria is Canada's most romantic city, survey finds.

- Is it possible that separate mattresses or blankets can make you and your partner closer?
- Experts say there are creative ways to stay intimate while getting a good night's sleep

THE ASSOCIATED PRESS/LEGGETT & PLATT



Companies such as Leggett & Platt offer bed bases that contain separate mattresses placed side by side. They're designed to ensure closeness for partners who have different sleeping habits.

To share or not to share a bed?

What do you do if your lover snores or twitches? What if he or she likes the blankets tucked in and you don't? These types of habits that keep people awake are more common than you may think.

The Better Sleep Council, funded by the mattress industry, surveyed 1,000 Americans in 2007 and found one in three say their partner's sleep habits affect their own sleep.

But, say designers and therapists, there are plenty of creative solutions to such problems.

"I'm a hopeless romantic," says Christopher Grubb, a designer from Beverly Hills, Calif., who

"We like the time we spend together as a family before going to bed. It's special." LETA HAMILTON,

WHOSE HUSBAND SLEEPS ON THE FLOOR OF THEIR BEDROOM BECAUSE HE PREFERS A HARD SURFACE.

likes helping clients enjoy sleeping in the same room.

Snoring, he says, is a common problem among his clients, and one found relief with an anti-snoring pillow from Sona, one of several companies that offer pillows designed to help prevent snoring by keeping the airway open.

Grubb also suggests

sheets with a high thread count to maximize comfort, a mid-weight comforter to balance different temperature preferences, and beds that cater to partners' different needs.

Sometimes that can mean two mattresses placed side by side.

For example, Leggett & Platt offers a bed base called the Prodigy. Imagine two hospital beds side by side, each of which can be raised and lowered independently, plus a massage feature that can be used as a silent alarm in the morning. Each partner has a separate mattress and can choose firmness.

Going to this extra ef-

fort is worth it, says Tina B. Tessina, a psychotherapist who blogs as Dr. Romance.

"Sleeping apart can contribute to the disconnect that plagues many relationships. It just makes it easier to avoid each other, when what's really needed is connection and contact," Tessina said.

Barbara Bartlein, a clinical psychotherapist in Milwaukee, Wis., said that sleep is important but so is the connection from sleeping together.

"The key is you must also take the time for physical closeness and intimacy.

"Many couples start the night together and then move apart if one person is

The bed debate

Learn more about separate beds online.

- National Sleep Foundation: sleepfoundation.org
- Leggett & Platt: lpcpg.com/products/foundations
- Dr. Romance blog: drromance.typepad.com/dr-romance-blog/

moving, snoring, etc.

"One of the advantages of sleeping together is you have the opportunity for bedroom talk."

THE ASSOCIATED PRESS

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Bake a surprise to melt your lover's heart

► This chocolate caramel cookie is the sweetest Valentine's Day treat

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA



Bake up some tasty treats for your special Valentine. But these aren't just your regular cookies.

They contain a caramel surprise that will make you want to keep the recipe handy to bake more during the year.

Preparation:

- 1 In a large bowl, beat softened butter until light. Add the brown and granulated sugar and beat until fluffy. Beat in eggs, one at a time until combined. Then, beat in vanilla.
- 2 In another bowl, whisk together flour, baking powder, soda and salt. Stir into butter mixture until combined. Add chocolate chips and stir to distribute evenly.
- 3 Break chocolate bars into individual squares; set aside.

4 Using tablespoon, scoop dough into hands; roll into ball. Make a small indentation with finger to insert chocolate square piece and roll again to cover chocolate and form ball. Place on parchment paper lined baking sheet, about 2 inches (5 cm) apart. Bake in 350 F (180 C) oven for about 12 minutes or until cookies are light golden.

5 Let cool for 5 minutes in pan on rack. Remove to cooling rack and let cool completely. Repeat with remaining dough.

Ingredients:

- 1 cup (250 mL) butter
- 1 cup (250 mL) brown sugar
- 1/2 cup (125 mL) sugar
- 2 eggs
- 1 tbs (15 mL) vanilla
- 3 cups (750 mL) flour
- 1/2 tsp (2 mL) baking powder
- 1/2 tsp (2 mL) baking soda
- 1/4 tsp (1 mL) salt
- 1 bag (300 g) mini chocolate chips
- 4 bars (52 g each) caramel filled chocolate bars

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOK BOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILY-RICHARDSCOOKS.CA.

EMILY RICHARDS



Yields 36
Prep time:
20 minutes
Cooking:
12 minutes

► For variation, omit the caramel centres and pat some of the cookie dough into a heart-shaped cookie cutter. Lift the cookie cutter and place on baking sheet. Repeat the step with dough and keep an eye out while they bake until golden brown.

No-Bake Breakfast Cookies



THE CANADIAN PRESS/BO

Include your kids in the fun of Valentine's Day with this delicious snack that they can take part in preparing.

Studded with dried cherries, walnuts, dark chocolate and mixed with nutritious rolled oats and wheat germ, these breakfast, or anytime, cookies will be a hit.

Preparation:

- 1 Line a baking sheet with parchment paper and set aside.
- 2 In a medium bowl, combine walnut butter, honey and molasses. In a large bowl, combine rolled oats, walnuts, wheat germ, dried cherries, skim milk powder, chocolate chips, cinnamon and sea salt. Add molasses and honey mixture to dry ingredients, working everything together until the mixture holds its shape when formed into a ball.
- 3 Take 50 ml (1/4 cup) of the mixture, form into a ball and press onto the baking sheet to flatten into a cookie shape. Repeat the process until you have no remaining mixture.
- 4 Store cookies in an airtight container in the fridge or freezer for optimal freshness.

THE CANADIAN PRESS

Ingredients:

- 250 ml (1 cup) walnut butter (or other nut/seed butter)
- 125 ml (1/2 cup) honey
- 75 ml (1/3 cup) molasses
- 625 ml (2 1/2 cups) rolled oats
- 375 ml (1 1/2 cups) walnut pieces, toasted
- 175 ml (3/4 cup) wheat germ
- 175 ml (3/4 cup) dried cherries, chopped
- 125 ml (1/2 cup) skim milk powder
- 125 ml (1/2 cup) dark chocolate chips
- 2 ml (1/2 tsp) cinnamon
- 2 ml (1/2 tsp) sea salt



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Go ugly, go green

► Rock your ugly sweaters and turn down the heat on WWF Sweater Day

Remember that wacky snowman sweater you got last Christmas? The one that's hidden in the back of your closet? Well, it's time to dig it out, because tacky is back in a big way.

WWF-Canada is calling on all Canadians to don the tackiest sweater they can find to raise awareness of energy conservation.

The first official National Sweater Day will take place Thursday as part of WWF-Canada's ongoing efforts to inspire Canadians to take simple actions to reduce their carbon footprint. WWF-Canada is calling on Canadians to turn down their thermostats by three degrees for the day and wear fun, funky sweaters to symbolize their commitment to the environment.

"Wearing a tacky sweater on Sweater Day is a great way to celebrate simple actions like turning down the thermostat to help fight climate change," said Gerald Butts, President and CEO of WWF-Canada. "We're asking Canadians from across the country to participate to show their commitment to energy conservation."

Residential heating produces about 44 megatonnes of greenhouse gas emissions per year. Turning down the thermostat by a couple of degrees can make a big difference in fighting climate change. If every Canadian turned



► Wear your ugly sweaters and turn down your heat on Sweater Day.

"Sweater Day is a great way to celebrate simple actions like turning down the thermostat to help fight climate change"

GERALD BUTTS, WWF CANADA

down their thermostat by two degrees each winter, 2.2 megatonnes of carbon dioxide could be saved every year — the equivalent of taking 350,000 cars off the road.

NEWS CANADA

Sweater Day

There are a number of ways to get involved in Sweater Day and show your support for WWF-Canada and the fight against climate change.

► **Sign-up**
Sign-up for Sweater Day at wwf.ca/SweaterDay to show your support for energy conservation and raise awareness of the effects of climate change.

► **Share** spread your love for the planet. Get your friends, family, co-workers and classmates involved in Sweater Day. The more people who participate, the greater the impact we will have on the planet.

► **Do more** Go the extra mile. Host a Sweater Day Party and invite your friends and family to share in the tacky sweater fun. Ask them to turn their thermostats down before they come over.



Queen of Green

LINDSAY COULTER

GREEN@METRONEWS.CA



WHAT IS HIDING IN YOUR PARFUM?

My baby lotion is labeled paraben, petroleum and phthalate-free. But, the label also lists parfum. Could this be a natural parfum or are there hidden chemicals in my baby lotion? *Diane Fabbicino of Calgary*

You're not alone. Lots of people trying to avoid harmful chemicals —

like parabens, petrolatum and phthalates — are stumped when they run into parfum or fragrance on a label. The truth is we as consumers (and moms) don't know what's in parfum.

When the David Suzuki Foundation invited Canadians to read the labels on their personal care products and look for a "dirty dozen" harmful ingredients, parfum was the one most commonly found — in 56 per cent of the products entered. And like you, 62 per cent of the 6,200 people who took our survey were already carefully reading ingredient lists.

Parfum is a code word that can represent any number of unspecified fragrance chemicals. Over 3,000 chemicals are used as fragrances, but

manufacturers are not required by law to disclose them. In other words, there's no way you can tell which of those 3,000-plus chemicals are in the parfum in your baby lotion from reading the label. Call or write the manufacturer. Every company should have a contact form or a 1-800 number on the product packaging, or on their website. Then, ask them what's in their parfum.

You're definitely on track when it comes to reducing your baby's exposure to harmful chemicals. Now avoid parfum. In most cases, it's a matter of scrolling to the end of the ingredient list on personal care products. It's almost always lurking at the bottom. And visit david Suzuki.org to send our Health Minister a Valentine asking her to require manufacturers to disclose specific fragrance ingredients.



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Turning Point

TERESA KRUZE
LIFE@METRONEWS.CA



How do you deal with change and the turning points in your life?

If you're Emilie Delestrade of Vancouver, then the answer is, "Just fine, thank you very much."

Emilie has changed her country, her culture, and her career – three times.

She moved from her native France to Canada when her husband started a new job. She went from teaching to working as an environmental scientist in Vancouver.

Then looking for something different, she changed her career once again when she decided to become a Doula.

A Doula provides sup-

TAKING A CHANCE ON CHANGE

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port to new mothers in the delivery room. Emilie finds running her own Doula business has brought many challenges but the rewards have been great.

"You can't wait for people to come to you. You have to network and ask people how they did things."

Emilie's getting ready to change her life once again.

She's going to be a new mother in June. But when it comes to starting your own business



► Emilie Delestrade of Vancouver

she has these words of advice. "Don't jump in right

away. Build a solid plan that you can follow. And

above all, believe in yourself."

New You Makeover Contest update

The response to our TurningPoint New You Makeover Contest has been phenomenal – I'm thrilled and incredibly touched by all your stories. I have heard from a mother working two jobs to support her family. She's desperately looking for a lucky break and so is a young man who has been going on job interviews for four years.

Thank you for sharing your stories and please know that you are not alone in your quest for career satisfaction.

People are working so hard to make a living these days. Wouldn't be nice to get a pay cheque for something you are actually passionate about? Write to me and tell me why you should win our TurningPoint New You Makeover Contest. You could win a prize package worth \$10,000 dollars and a chance to turn your life around. Share your story at ClubMetro.com

● TERESA KRUZE

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Why not to find romance by the water cooler

► Pursuing a relationship with a co-worker might seem like a fun adventure, but you could be risking more than your heart by doing so



► Do you want to earn an office rep as one who places pleasure before business?

DREW HINSHAW
LIFE@METRONEWS.CA

Better to have loved and lost than to have never loved at all. But if you love at work, you could lose it all: your job, your colleagues, your reputation, your career. Like all enclosed social settings, the workplace can steam up into an irresistible incubator of amour fou, and career counsellors say as many as half of us are someday destined to catch a gulp of Love Potion No. 9 at the company coffee pot. But not all love stories come with a happy epilogue, and before

you fall head over high heels for that workmate-slash-soulmate, take one last, sober look at where you're tumbling from.

"Think about all the things that you want to be in your career," warns Courtney Anderson, a workplace relationship expert. "And ask yourself how being perceived as someone who is more interested in romance than finance is going to help."

It may help your colleagues spice-up the drudgery of office routine.

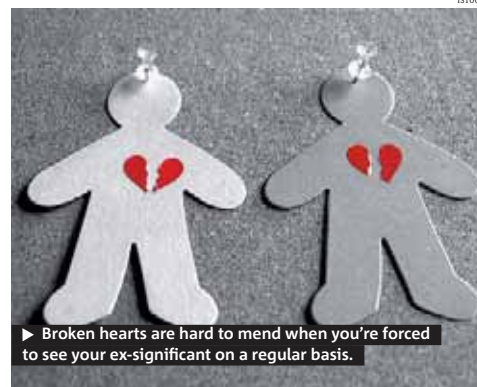
"People love when co-workers date in the office. It gives them something to

talk about," author Helaine Olen of Office Mate notes. "What people worry about is the possibility that you'll have a break-up."

Or the possibility that you'll have a one-up.

"People become jealous," Anderson adds. "And not because they want to date your boyfriend, but because they're coming to work early and doing 100 little tasks and you don't really have to do that anymore because look who you're dating."

Every leap of the heart comes with a hundred risks, but if you're already smitten, it's likely already too late.



► Broken hearts are hard to mend when you're forced to see your ex-significant on a regular basis.

Making a move

There are less awkward locales than the office to swing for singles – like a public execution, maybe.

► Outside of that, the realm of terse emails and cold-faced professionalism may be the planet's most stifling, rejection-fraught place to proposition a date.

"If you're going to ask someone in the office on a date, make sure you ask them outside the office. Don't just walk up to the desk and ask them out," Olen cautions. "If you can't find a way to ask them out for coffee naturally, that might be a sign that it isn't meant to be."

Keeping it secret

Think you've kept your crush on hush? Chances are, you're puppy love is already out of the bag.

► "Ninety-nine per cent of people, when they're in love, they're glowing and everyone can see," Anderson points out.

► "If someone asks you point blank, don't deny it, but you don't need to send out an inter-office memo," Olen says, offering a better way to break the news: "Show up as a couple at an after-hours function."

► "If you've decided that the relationship is real, someone needs to transfer," she says. "So that you're both respected."

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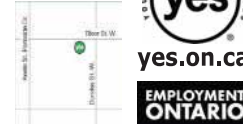
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Griffin draws fans, but Raps get win

► Clippers rookie scores 21 points
► Raptors end three-game skid

A good chunk of the fans might have come to see the Blake Griffin show yesterday, but ended up watching a rare Toronto Raptors victory.

Andrea Bargnani poured in 27 points, while Ed Davis finished with 13 points and a career-high 14 rebounds to lead Toronto to a 98-93 victory over the Los Angeles Clippers yesterday, ending Toronto's three-game losing skid.

DeMar DeRozan added 17 points, while Sonny Weems finished with 10 for the Raptors (15-40), who have won just two of their last 18 outings and 10 games at the Air Canada Centre this season.

Jose Calderon added 10 points and 11 assists for Toronto, while Leandro Barbosa chipped in with 11 points.

The Clippers' human highlight reel, otherwise known as Griffin, the lone visiting player to receive cheers during team introductions and one of the most exciting players in the league in his rookie season, finished with 21 points and 15 rebounds.

Baron Davis added 20 points for the Clippers (20-34), who have won just four games on the road this season.

The Raptors and Clippers paced each other virtually point-for-point through most of three quarters before the Raptors took a seven-point lead into the fourth.

98 93
RAPTORS CLIPPERS

The Clippers were coming off a particularly painful loss to the Cavaliers Friday that snapped Cleveland's NBA-record 26-game losing streak, but it was the Raptors who played like they had something to prove down the stretch. Holding onto a two-point lead with just less than four minutes to play, Bargnani drained a stepback jump shot just inside the three-point line, and drew a foul for a three-point play to put the Raptors up 90-85.

A turnover led to an easy running dunk for Griffin with 1:24 to go that brought the Clippers to within five. Bargnani quickly connected on a 22-foot jumper 20 seconds later to seal the victory for Toronto.

Griffin, the high-flying forward who is second in the NBA in dunks this season behind Orlando's Dwight Howard and already a YouTube dunking sensation, had the fans on the edge of their seats every time he touched the ball in the early going.

Griffin finally gave them what they wanted late in the opening quarter, taking flight to slam home an alley-oop from Baron Davis.

THE CANADIAN PRESS



► Ed Davis steals a rebound from Blake Griffin yesterday.

4
sports

Quoted



"This was kind of to prove to ourselves that we can beat the best teams in the NBA. It was a must win for us in a sense that we haven't been playing well against good teams."

MAGIC FORWARD RYAN ANDERSON, ON HIS TEAM'S 89-75 WIN OVER THE LAKERS YESTERDAY.

"It was a winnable game as far as points go. But we didn't put any up."

LAKERS FORWARD ANDREW BYNUM, KOBE BRYANT BYNUM EACH SCORED 17 TO LEAD THE LAKERS, HELD TO A SEASON LOW IN POINTS.

Going West?

With two weeks until the trade deadline, teams in the tight Western Conference are looking for any edge to get ahead. "There's going to be a migration west," said one Western Conference executive.



VANCOUVER CANUCKS

NEED

Defence help with Alex Edler hurt. Still looking for a centre. Injuries starting to pile up

HOT TALK

Interested in Kris Versteeg and Ottawa's Jarkko Ruutu.



SAN JOSE SHARKS

NEED

Offensive defenceman, maybe Chris Campoli.

HOT TALK

Sharks like Alex Goligoski, Tomas Kaberle.



LOS ANGELES KINGS

NEED

High-end forward with Marco Sturm on long-term IR.

HOT TALK

Alexei Kovalev, Stephen Weiss or Jason Arnott after missing out on Mike Fisher.



ANAHEIM DUCKS

NEED

A goalie better than Ray Emery to back up Jonas Hiller.

HOT TALK

Senator Chris Campoli might be a good fit on blue-line.



DETROIT RED WINGS

NEED

With Chris Osgood ailing, they need goaltending.

HOT TALK

Tomas Vokoun, Pascal Leclaire, J.S. Giguere come up in conversations.



CHICAGO BLACKHAWKS

NEED

Goaltending, a defensive defenceman who can kill penalties and more offence.

HOT TALK

Brent Seabrook is on the block.

TORSTAR NEWS SERVICE



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DESERT CLASSIC

Woods finishes 20th

The flashes of brilliance at the Dubai Desert Classic didn't blind Tiger Woods to the signs that his new swing remains a work in progress.

Even so, Woods has no doubt about his future af-

ter stumbling in the final round yesterday, shooting a 3-over 75 to finish seven shots behind winner Alvaro Quiros in a tie for 20th.

"I feel like I can still win golf tournaments," Woods said. "I'm not that old. I've still got some years ahead of me."

Woods drew cheers Thursday when he hit a 3-wood 250 yards to the 18th green for an eagle. But he had trouble find-

ing the fairway for much of the week in Dubai, his putter ran hot and cold, and his once-dangerous short game continued to let him down.

Woods started the final round a shot behind, but opened with two bogeys on his first three holes. He came back with birdies on Nos. 6 and 11, but followed that with a bogey on Nos. 12 and 14, and then a double bogey on the last. **THE ASSOCIATED PRESS**

Tennis. Final



► Milos Raonic reacts after winning the first set against Fernando Verdasco in the finals of the SAP Open last night. For full results, visit metronews.ca.

Huge game for local tennis star

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'What happened ... wasn't hockey. It was a travesty'

► Mario Lemieux questions direction of NHL following fight-filled game between Penguins and Islanders

The NHL intended to deliver a message to all of its players when it punished the New York Islanders over the weekend. It didn't go nearly far enough for one of the greatest to ever play the game.

Mario Lemieux questioned the direction of the league in a scathing statement released yesterday, openly wondering about his future involvement with the NHL after his Pittsburgh Penguins were involved in a fight-filled game with the Islanders.

"Hockey is a tough, physical game, and it always should be," said Lemieux, the Penguins co-owner. "But what happened Friday night on Long Island wasn't hockey. It was a travesty. It was painful to watch the game I love turn into a sideshow like that."

346
The game against the Islanders included 346 penalty minutes and 10 ejections. Pittsburgh was hammered 9-3.

"The NHL had a chance to send a clear and strong message that those kinds of actions are unacceptable and embarrassing to the sport. It failed."

The reaction from Lemieux came a little more than 12 hours after Colin Campbell suspended two Islanders players and fined the organization \$100,000 US.

The NHL disciplinarian travelled to Buffalo Saturday night and held face-to-face meetings with forwards Trevor Gillies and

Matt Martin to discuss their actions. Within hours, Gillies was suspended nine games and Martin was banned four games.

It wasn't enough to satisfy Lemieux.

"We, as a league, must do a better job of protecting the integrity of the game and the safety of our players," the Hockey Hall of Famer said in his statement. "We must make it clear that those kinds of actions will not be tolerated and will be met with meaningful disciplinary action."

"If the events relating to Friday night reflect the state of the league, I need to rethink whether I want to be a part of it."

Lemieux didn't specify exactly what he would have liked to have seen done.

THE CANADIAN PRESS



► Michael Haley fights Pittsburgh's Craig Adams.



► Michael Rupp fights Travis Hamonic.



► A group of players mixes it up.



► Pascal Dupuis duels Josh Bailey.

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EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	55	36	14	2	3	182	139	77	19-8-0-2	17-6-2-1	7-3-0-0	L1
d-Tampa Bay	56	34	17	3	2	172	172	73	19-6-1-1	15-11-2-1	8-2-0-0	W1
d-Boston	56	31	18	2	5	172	135	69	15-11-1-2	16-7-1-3	5-5-0-0	L2
Pittsburgh	58	35	19	2	2	173	141	74	20-10-1-0	15-9-1-2	6-4-0-0	L2
Washington	56	29	17	5	5	151	140	68	17-7-2-5	12-10-3-0	4-3-1-2	L2
Montreal	57	31	20	4	2	151	143	68	19-7-3-2	12-13-1-0	5-3-0-2	W1
NY Rangers	58	30	24	2	2	162	144	64	13-12-1-2	17-12-1-0	3-6-0-1	W1
Carolina	57	27	22	4	4	168	175	62	14-9-1-1	13-13-3-3	4-4-2-0	W1
Atlanta	58	25	23	4	6	167	188	60	13-12-1-4	12-11-3-2	2-5-1-2	L1
Buffalo	54	26	22	6	0	161	162	58	12-12-2-0	14-10-4-0	7-2-0-1	L1
Florida	55	24	24	3	4	146	148	55	12-9-3-3	12-15-0-1	3-4-1-2	W1
Toronto	56	23	27	3	3	144	174	52	13-11-3-2	10-16-0-1	4-5-1-0	L2
New Jersey	56	22	30	3	1	120	158	48	12-13-2-1	10-17-0-1	8-1-1-0	W4
NY Islanders	56	20	29	3	4	151	186	44	10-13-1-3	10-18-2-1	5-5-0-0	W3
Ottawa	56	18	30	5	3	126	186	44	9-15-2-2	9-15-3-1	1-7-1-1	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	56	36	11	4	5	190	133	81	20-4-1-4	16-7-3-1	7-1-0-2	W1
d-Detroit	56	34	16	4	2	187	163	74	17-8-3-1	17-8-1-1	6-4-0-0	W2
d-Dallas	56	31	19	2	4	159	158	68	17-12-2-1	14-11-0-1	3-6-1-0	L1
Anaheim	57	32	21	2	2	159	157	68	17-8-0-1	15-13-2-1	8-2-0-0	W4
Nashville	56	30	19	4	3	150	133	67	13-5-3-3	17-14-1-0	5-4-0-1	W2
Phoenix	57	29	19	6	3	162	160	67	13-10-3-2	16-9-3-1	6-4-0-0	W4
San Jose	57	30	21	4	2	158	151	66	13-12-1-2	17-11-2-1	7-2-0-1	L2
Minnesota	55	30	20	1	4	146	145	65	14-11-0-2	16-9-1-2	8-2-0-0	W3
Los Angeles	56	31	22	2	1	156	132	65	17-9-1-0	14-13-1-1	7-1-1-1	W2
Calgary	58	28	22	3	5	168	172	64	16-9-1-2	12-13-2-3	7-1-1-1	L2
Chicago	56	28	22	2	4	177	158	67	16-13-0-0	12-9-3-3	4-4-1-1	L2
Columbus	56	28	23	3	2	152	168	61	14-13-0-1	14-10-3-1	7-3-0-0	W2
St. Louis	54	24	21	4	5	145	162	57	16-8-1-3	8-13-3-2	3-4-2-1	L2
Colorado	56	25	25	6	0	170	186	56	14-13-3-0	11-12-3-0	1-4-0-0	L7
San Jose	56	16	32	1	7	137	193	40	7-17-1-3	9-15-1-3	2-7-0-1	L3

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results

Carolina 3 Atlanta 2
Columbus 2 Dallas 1
Detroit 4 Boston 2
Florida 3 San Jose 2
Los Angeles 1 Philadelphia 0
N.Y. Islanders 7 Buffalo 6 (OT)
N.Y. Rangers 5 Pittsburgh 3
Anaheim 4 Edmonton 0
Saturday's results
Montreal 3 Toronto 0

DUCKS 4, OILERS 0

First Period
1. Anaheim, Selanne 17 (Blake, Lilja) 0:34
Penalties — Perry Ana (tripping) 2:43, Petry Edm (holding) 11:56, Lilja Ana (boarding) 16:42.

Second Period

2. Anaheim, McMillan 8 (Sexton, Lapierre) 15:24
3. Anaheim, Ryan 26 (Perry, Getzlaf) 16:38
Penalties Parros Ana, MacIntyre Edm (fighting) 7:40.

Third Period

4. Anaheim, Ryan 27 (Perry, Getzlaf) 1:31
Penalties — Beauchemin Ana (interference), MacIntyre Edm (roughing) 2:53, Sutton Ana, Peckham Edm (fighting) 5:53, Sbisana Ana, Smid Edm (fighting) 6:24, Hemsky Edm (holding) 9:33, Hemsky Edm (boarding) 11:43, Omark Edm (holding) 13:56.

Shots

Anaheim 7 7 8—22
Edmonton 5 4 3—12
Goal (shots-saves) — Anaheim: Hiller (W, 26-16-3); Edmonton: Dubnyk (L, 6-7-6) (15-11).
Power plays (goals-chances) — Anaheim: 0-4; Edmonton: 0-3.
Referees — Stephane Auger, Bill McCrea.
Linesmen — Derek Nansen, Vaughan Rody.
Att. — 16,839 (16,839) at Edmonton.

SATURDAY

CANADIENS 3, MAPLE LEAFS 0

First Period

No Scoring.
Penalties — Lebda Tor (interference) 3:53, White Mtl (holding) 12:44.

Second Period

1. Montreal, Pouliot 12 (Deshaunais, Hamrlik) 10:12
2. Montreal, Gionta 21 (Pacioretty) 11:52
Penalties — Henrik Mtl (tripping) 4:50, Montreal bench (too many men, served by Kostisyn) 12:37, Kostisyn Mtl (boarding) 16:27, Phaneuf Tor (high-sticking) 18:15.

Third Period

3. Montreal, Deshaunais 5 (Gomez, Hamrlik) 6:19 (pp)

Vancouver 4 Calgary 2
Ottawa 5 Edmonton 3
Los Angeles 4 Washington 1
Minnesota 3 St. Louis 1
Nashville 5 Colorado 2
Phoenix 3 Chicago 2 (SO)
Tampa Bay 4 Carolina 3 (OT)
Tonight's games
Vancouver at St. Louis, 8 p.m.
Washington at Phoenix, 8 p.m.
Calgary at Colorado, 10 p.m.

Penalties — Boyce Tor (hooking) 5:02, Eller Mtl (hooking) 7:52, Boyce Tor (tripping) 11:07, Crabb Tor (high-stick) 17:29, Boyce Tor (cross-checking) 18:36.

Shots

Toronto 11 8 8—27
Montreal 15 12 12—39
Goal — Toronto: Giguere (L, 11-10-3); Montreal: Price (W, 27-18-5). **Power plays (goals-chances)** — Toronto: 0-5; Montreal: 1-4.
Referees — Marc Jeanette, Dan O'Rourke.
Linesmen — Lonnie Cameron, Brad Kovalchik.
Att. — 21,273 at Montreal.

SENATORS 5, OILERS 3

First Period

1. Ottawa, Butler 1 2:51
2. Edmonton, Cogliano 9 (Eberle, Foster) 3:45
3. Ottawa, Kovalev 12 (Foligno) 7:27
Penalties — Vandermeer Edm (interference) 7:55, Penner Edm (holding) 10:48, O'Brien Ott (holding) 13:30.

Second Period

4. Edmonton, Penner 19 (Hemsky) 4:11
Penalties — Foster Edm (hooking) 10:03, Spezza Ott, Michalek Ott, Smid Edm, Fraser Edm (double roughing) 11:34, Neil Ott, Peckham Edm (roughing), Khabibulin Edm (roughing, served by Hall) 13:37.

Third Period

5. Ottawa, Michalek 14 (Butler, Spezza) 8:03 (pp)
6. Ottawa, Regis 3 (Kovalev, Foligno) 14:10
7. Edmonton, Penner 20 (Hemsky, Omark) 17:59

8. Ottawa, Kovalev 13 (Spezza) 18:37 (en)
Penalties — Jacques Edm (high-sticking) 4:24, Cogliano Edm (hooking) 7:11, Smith Ott (slashing) 8:06, Lee Ott (holding) 9:07, Lee Ott (tripping) 15:34, Spezza Ott (double high-sticking) 19:17.

Shots

Ottawa 6 6 9 10—25
Edmonton 6 5 7 18—30
Goal — Ottawa: Elliott (W, 13-19-7); Edmonton: Khabibulin (L, 8-25-2). **Power plays (goals-chances)** — Ottawa: 1-7; Edmonton: 0-5.
Referees — Brad Meier, Francois St. Laurent.

Linesmen — Don Henderson, Shane Heyer.
Att. — 16,839 (16,839) at Edmonton.

CANUCKS 4, FLAMES 2

First Period

1. Vancouver, Burrows 16 (Raymond, Malhotra) 10:42 (pp)
Penalties — Jokinen Cal (hooking) 9:23, Staios Cal (tripping) 19:02.

Second Period

2. Calgary, Jackman 10 (Stajan, Babchuk) 2:11
3. Calgary, Glencross 17 (Morrison, Iginla) 4:17
4. Vancouver, Samuelsson 14 (Raymond, Biek-sa) 10:40

5. Vancouver, Samuelsson 15 (Ehrhoff, D.Sedin) 13:20 (pp)
Penalties — Gabchuk Cal (interference) 12:23, D.Sedin Vcr (holding) 19:49.

Third Period

6. Vancouver, Burrows 17 (Rome, Malhotra) 19:18 (en)
Penalties — Malhotra Vcr (hooking) 4:39, Salo Vcr (interference) 9:05.

Shots

Calgary 8 10 8—26
Vancouver 13 13 7—33
Goal — Calgary: Kiprusoff (L, 24-19-4); Vancouver: Luongo (W, 27-8-7). **Power plays (goals-chances)** — Calgary: 0-3; Vancouver: 2-3.

Referees — Paul Devorski, Bill McCreary.
Linesmen — Vaughan Rody, Thor Nelson.
Att. — 18,860 (18,810) at Vancouver.

LACROSSE

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EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Toronto	7	5	2	.714	78	67	—
Buffalo	6	4	2	.667	69	57	1/2
Rochester	6	4	2	.667	61	64	1/2
Boston	8	5	3	.625	75	59	1/2
Philadelphia	7	3	4	.429	59	72	2

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Calgary	6	3	4	.571	79	78	—
Minnesota	6	3	3	.500	68	64	1/2
Washington	8	3	5	.375	95	101	1 1/2
Edmonton	7	2	5	.286	73	85	2
Colorado	6	1	5	.167	53	62	2 1/2

Saturday's results

Edmonton 15 Washington 14
Toronto 9 Calgary 8 (OT)
Buffalo 16 Philadelphia 7
Boston 11 Colorado 6
Rochester 12 Minnesota 10
Friday's result
Edmonton 14 Washington 12

CURLING

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	W	L
x-Peter Corner (Brampton)	8	2
x-Glenn Howard (Coldwater)	8	2
x-Greg Balsdon (Toronto)	7	3
x-John Epping (Peterborough)	7	3
Mark Bice (Ajax)	6	4
Chris Gardner (Renfrew)	5	5
Dale Matchett (Bradford)	4	6
Mark Kean (Ajax)	3	7
Howard Rajala (Ottawa)	3	7
Nick Rizzo (Scarborough)	3	7
Jackie Higgs (Harrison)	1	9

x — clinched playoff berth.
Yesterday's results
SEMI-FINAL
Glenn Howard 11 Peter Corner 4
CHAMPIONSHIP
Glenn Howard 10 Greg Balsdon 3

Saturday Results

PAGE PLAYOFFS

One vs. Two

Glenn Howard 11 Peter Corner 5

Three vs. Four

Greg Balsdon 10 John Epping 4

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69-66-68-74—277
71-69-69-69—278
71-67-69-71—278
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72-68-63-75—278
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ANNOUNCEMENTS

Valentine's Greetings

Admiring Moira

Moira, you've been on my mind nearly every day since we re-met at that house concert in early December. I fancy you! But if I tell you that, will I scare you away AND risk losing what could be a great friendship, as well. The ball is in your court. I know life is crazy, but is there some place in your life for me? Shall we test the waters? With hope, The Book-Giver.



Aishiteru

Dear Joseph, Aishiteru... meaning I love you. Thank you - my beautiful 'Ronin' for a wonderful Valentine's - Susana



Angel To Love

Crushing is easy when seeing an angel from above, it's flying the journey to above that is difficult with love. Darken by continuous dust is where we blind apart, awaiting till dawn which there is my heart. Praying to god why the days fly ever so fast, it always ends when it should only last. One thing I say is please don't leave me, my love, our love, just let it be. -7289-



Birthday Girl Be My Valentine

Cris, "If we stand side by side (all night) There's a chance we'll get by (and it's alright) And I'll know that you'll be live in my heart till the day that I die Cause you were born to be my baby And baby, I was made to be your man" Looking forward to tonight, an evening together, without the kids, it's been long overdue, just you and I, and Bon Jovi too. Be my valentine, tonight and forever. - Toni P.S. Happy Birthday!!!!

Bunny love

We've been through a lot but we keep pushing through! You are so incredibly important to me! I love you little bunny! <3 baby bunny

Chunky Monkey and Fat Turtle

Chunky Funky Monkey I love you, for everything you are, you are my bestest friend and no one could ever take your place. Can't wait to make baby chunky monkeys with you. Love your fat Turtle

Valentine's Greetings



DEAR LUCA

In this special day I want to say I love you, God bless you, for everything you give me, your love, your care and your patience, for the last 45 years of marriage



Forever And Always

I love your smile, I love your eyes I love the way our hands intertwine together like a perfect fit a perfect match I love your laugh, I love the way you kiss me you are my lover and my best friend your my loving thought and my biggest dreams your my everything Forever and Always HAPPY VALENTINE'S DAY Wazir.A LOVE Anita .M



Forever Valentine

Bob My first Love My meant to be Love My forever Love We are a true Love story of destiny and time We will reach for the moon and land in the stars My soulmate, my friend, my husband my Love Carmen

Going the Distance

Mi amor Y.D., Through the distance and the times we have shared, it only makes me want to hold on tighter to what we have. Tu eres mi amor verdadero. TQM xoxo Tu Kanook

Happy Valentine's Day

Stan: After 25yrs., we still go 2gether like beer and chicken wings!! I love you.... Tina

Happy Valentine's Day!

To my wonderful husband. I thank God every day for bringing you into my life! Sending you all my love today and always. Happy Valentine's Day! Love, Carla

Happy Valentine's Day!

To pork chop, yes you know who you are! I just wanted to tell you how much I love you and I am nothing without you. You give me an important purpose in life. I have a long way to walk and I hope that you will be the one that takes every step with me. Be mine this Valentine's and every other Valentine's after this year! I love you forever! <3 Paul

Happy Valentine's Day

Happy Valentine's Day to Melissa with all my love JP xoxo

Valentine's Greetings



Happy Valentine's Day

To My Beloved Kids Justin and Shannon With All Your Love, Mommy



Happy Valentines Day

To the love of my life, on this day of romance I want the world to know just how much you mean to me. Lauren Pirri you have made me happy beyond words and I can't imagine my life with you not there. Having accepted me for who I am you have given me hope for a future I'd have dared not dream. I can't wait to be married to you and give the rest of my life to you. Forever yours Kyle



Happy Valentines Mr. Eggplant!

KareB, Luv U~~ KareBla

Happy Valentines!

To my Super Chief, wishing you a wonderful Valentines with all my love, your Pupa



Having you in my life

Dearest Roland Having you in my life, is a beautiful feeling You make me feel, so special With all that you do and today all I want to say is I Love You and no matter what I will love forever keep loving you Love Kayla

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I love my family.

I love my mother, my brother, my sister-in-law, my niece and my nephew very much. I hope they have a very nice Valentine's Day.

I want to scream it from the top of the tallest roller coaster - Welcome to the family Pat and I hope you Jessie have a wonderful Valentines day. From your new sister.

NEW

Love is patient, Love endures all

Love- No matter where life takes us, you will always have my heart. You and our boys mean the world to me.... xo. Love, D.

Valentine's Greetings

LOVE LONG DISTANCE STYLE

ABIL: WHOEVER SAID THAT INTERNET LONG DISTANCE LOVE DON'T WORK, IS COMPLETELY WRONG BECAUSE YOU BABY HAVE PROVEN THEM ALL WRONG! AFTER 3 BEAUTIFUL YEARS AND MANY MORE TO COME, I CAN'T WAIT TILL OUR NEXT TRIP. EACH AND EVERY TRIP IS COMPLETELY FULL OF SPECIAL MEMORIES, MEMORIES THAT ALLOW US TO ALWAYS REMEMBER OUR GOOD TIMES...THANK YOU BEBE FOR BEING THE MAN I ALWAYS WANTED, FOR LOVING ME, CARING FOR ME AND GIVING OUR RELATIONSHIP A WHOLE NEW MEANING. OUR INTERNET/LONG DISTANCE RELATIONSHIP IS A PROOF THAT IT WORKS AS EVERYDAY GOES BY. WE HAVE MADE IT WORK AND CAN'T WAIT TILL WE SAY "I DO". TE AMO PAPI, TU SHORTY, I ALWAYS REMEMBER (TU+YO=1) JAYZELLE

Love me some Allana

Happy hearts day sweet baby, you rock my world now and forever XXXXXXXBrad



Love You MY SHONA

YEARS?
AS CARING COMPANIONS
AS MAKERS OF MEMORIES
AS PARTNERS IN CRIME...
YEARS AS LOVERS?
...SOUL + MATE = ?
AS DANCERS
AND DREAMERS
AS FUN-LOVING FRIENDS...
YEARS AS HUSBAND & WIFE?
AS HAVERS AND HOLDERS
AS TWO LUCKY PEOPLE IN LOVE.
BECAUSE OF YOU, EVERY YEAR IS THE BEST YEAR OF MY LIFE...
LOVE YOU MY SHONA (SAJJAD AHMAD IJAZ)

your sweetoo - SAHAR SARFRAZ

Love You Sweetie

After 24 years of being together, I love you more now than ever. Let's hope the next 24 are just as good. Happy Valentine's! Redster xoxox

NEW

Morning, sugar "wink

<3 Alan Wake

My dearest Cal..

Happy first Valentine's Day together! I feel so lucky to have fallen in your lap (literally!) when I did. You are an amazing and beautiful guy who really knows how to treat a lady and I am so proud to be yours! xoxo Lisa

Over a decade of slaying

Buffy, It's been over a decade since I have met you and you still have the dagger in my heart. Even if it is pulled out, I will always love you very much. There are still so many romantic moments to experience together and I want them to last forever. Loving you always, Angel

Valentine's Greetings



OUR FIRST VALENTINES TOGETHER!!!

HAPPY VALENTINES SOPHY. It's only been a short time together, but its been worth it. HAPPY VALENTINES

Our First Year of Marriage

To my beautiful wife... Since the first time that I saw you, I knew that you were going to be a very special part of my life. eight years later, and you are no longer my girlfriend, or fiancée, but you have become my wife. April 23rd, 2011 will be our one year anniversary. Now that almost one year has passed, my love for you has grown more and more. You are more than just my best friend, you are my everything! Even though we've been married less than a year, I really hope to grow old with you and enjoy our time together. I know that marriage is a lot of work, but with the love that we have for each other, I know that we can make it. I hope as you read this, I have put a smile on your face and made your day a little bit easier. Just remember baby, THAT I LOVE YOU WITH ALL MY HEART! To my wife, Adela From your husband Carlos



P+G=LOVE

To my Wife Camille Your smile is my sunrise, your kiss is my sunset. Thank you for being the most wonderful friend and companion. Love Peter

Sweetos

I'm so glad you're my Sweeto! Love...your Sweeta xoxo



The Key to my Heart

Since day one, you've had me hooked on loving you, and have kept my cheeks rosier than a rose. You are the reason for the smile which stretches from one ear, to the other, and the highlight of my life thus far. We've been together for nearly 3 years now, and my feelings for you have grown stronger. I'm so grateful to have found someone like you. I Love You Donald, and promise to be YOUR Valentine, forever&always. Love, Shantelle



To my beautiful Natasha

Wishing you a very Happy Valentine's Day. "I love you..." and those three words have my life in them." Love Mommy - Susana

Valentine's Greetings

NEW

To My Crazy Teacher When the teacher becomes the student fun things happen. The sound track of my life has been changed forever, I hope we keep rocking for a long time to come. Can't wait to see you in March - the lesson plan will worth the wait. Mwah!

To my husband Nivek

Kirk, Thank you for being you and for standing by me everyday. Thank you for making me laugh and forgetting about our stressful lives. Here's to many more valentine days for us! Love always, Sandra

To My Valentine-Greg

Greg, we have been together for a very long time, and through all the highs and low times, I have found that you are a wonderful husband, a fantastic lover, my brave protector, my hero, but most of all you are my friend. Happy Valentines Love Nancy

To the ladies at Wells

Happy Valentine's to all the lovely ladies at Wells! Mike

TRUE EXPRESSIONS.....

Roses are Red, Violets are Blue, So much for 5-Star... Yes I'll take fries with that too!

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True Love

You are my one true love. Lets be together forever and make a life together. Now everyone knows...we are moving to Halifax!!! WOOOO

Valentine Heart

My dearest ever loving hubby Sha,

I was dreaming for 3 years to celebrate a valentines day with you!! And I hope and pray it works this year and we both will read this message on the 14th on Metro together in Toronto :) Love you loads honey and missing u loads too...counting every second to be with you!! From your ever loving <3 kella kulla <3

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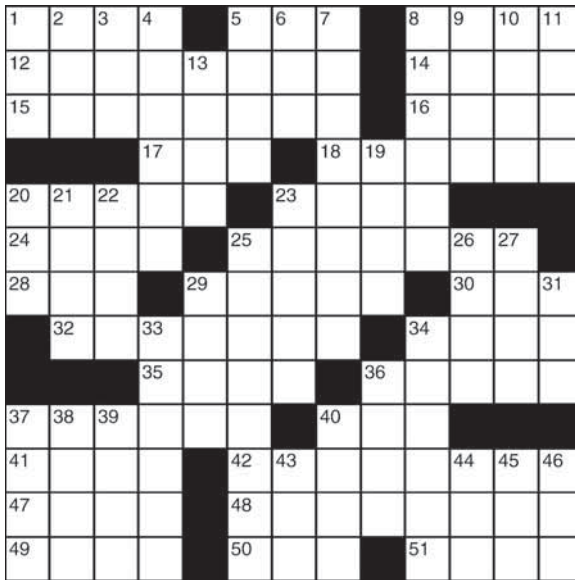
Crossword

Across

- 1 It's a long story
5 "The Talk" network
8 Make over
12 Demographic of a sort
14 Still
15 Implode
16 "The — on the Floss"
17 Away from WSW
18 With unfriendliness
20 Beg
23 Writer Vonnegut
24 Injure
25 Institution of higher learning
28 Use a shovel
29 Impressive formation
30 Legislation
32 Miner, perhaps
34 Leaning Tower city
35 Ninth Greek letter
36 Thread
37 Asian sultanate
40 Conger, e.g.
41 Ireland
42 Conversation
47 Plankton component
48 Framework
49 Antelope's playmate
50 Zodiac sign
51 Without (Fr.)

Down

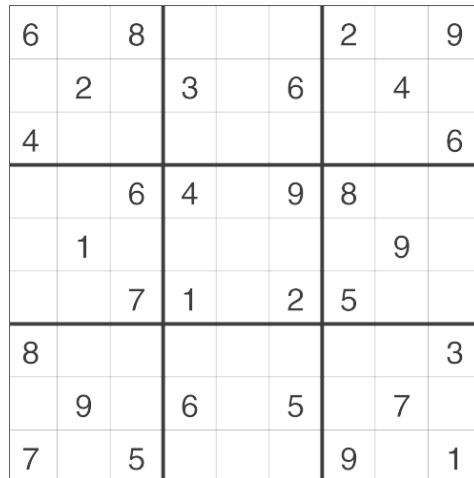
- 1 Pouch
2 Past
3 Solidify
4 Glistening
5 Manage somehow
6 Ralph Kramden's car
7 Mirrorlike
8 Distant
9 Satan's specialty
10 "The Farmer in the —"
11 Having no siblings
13 McNally partner
19 Paris airport
20 Third degree?
21 Nonclerical
22 Therefore
23 "M*A*S*H" locale
25 At a turning point



Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer

1	7	5	4	2	8	9	3	6
9	8	2	3	7	6	4	1	5
6	3	4	5	9	1	2	8	7
4	1	8	9	3	5	6	7	2
2	5	3	7	6	4	8	9	1
7	9	6	8	1	2	5	4	3
8	2	1	6	4	3	7	5	9
3	4	7	2	5	9	1	6	8
5	6	9	1	8	7	3	2	4

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Corina, Thank you for wishing to be a part of my life n letting me be a part of yours. You are Amazing. All my Love is yours. LOVE PAUL XOXO

Alix, I love so much words can not explain. You are The most special to me in the world and I never want to be one second without you. LOVE SHANE

Ella, Happy Valentine's Day. I love you more and more everyday. You are so clever, sweet, and beautiful. It's a little late, but the Taj Mahal is in the city of Agra. Good luck on today's puzzle. LOVE, YOUR GURL 4EVZ, E.T.

Donald, you are one-of-a-kind. I'm more than grateful to have a man like you in my life! You are my daily dose of sunshine, and will always be! I can't imagine a me, without you, I Love You Babe! LOVE, SHANTELE

Today's horoscope

♈ Aries March 21-April 20
Steer clear of strong emotions today. Others may bare their souls every chance they get but you prefer to keep things private — at least for now.

♉ Taurus April 21-May 21
At some point today, you will realize a certain person is no good. What will you do about it? Be brave and tell him or her your association is over. Don't worry about hurt feelings — yours are more important.

♊ Gemini May 22-June 21
There seems to be a lot of noise and confusion in your world and there will be times today when you wish you could switch off completely. So why don't you? You don't have to start the week at full blast.

♋ Cancer June 22-July 22
There's no point in answering your critics. If they want to make false accusations, that's up to them. Pretend they don't exist. It will hurt them much more than biting back.

♌ Leo July 23-Aug. 23
The Sun's transit of your opposite sign is coming to an end. By the weekend, you will have to decide whether to continue with a relationship or end it. Make that decision with your head rather than your heart.

♍ Virgo Aug. 24-Sept. 22
Something will happen that annoys you and a falling out with a friend is possible. Before you go on the warpath, make sure you've got your facts right. It could save apologizing later.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♎ Libra Sept. 23-Oct. 23
It's now or it's never. Yes, really. Deep down you know that if you don't follow your heart this week you could miss out forever. Identify your passion and focus on it to the exclusion of everything else.

♏ Scorpio Oct. 24-Nov. 22
There's a certain person who rubs you up the wrong way when work together. No matter who he or she is, his or her presence is having a negative effect. Keep your distance.

♐ Sagittarius Nov. 23-Dec. 21
Someone of whom you are fond is not in the best of moods at the moment. If you are smart, you will stay out of his or her way. Let him or her enjoy the tantrum.

♑ Capricorn Dec. 22-Jan. 20
There is no reason why you cannot mix business with pleasure today. Just be careful that the pleasure part does not take over. Get obligations out of the way, then reward yourself with a night to remember.

♒ Aquarius Jan. 21-Feb. 18
A positive attitude is a must as the week begins. It will give you the energy and the staying power to see through what you are working on. Self-belief is a must if you intend to win.

♓ Pisces Feb. 19-March 20
Fortune will smile on you this week and people in positions of power will be impressed by the level of energy you bring. But don't run yourself into the ground. SALLY BROMPTON

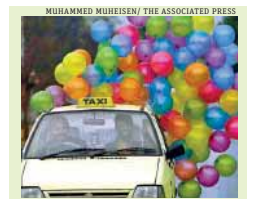
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KATHLEEN MOSS

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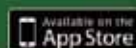


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